



# COMMUNITY RESOURCE GUIDE

# SERVICE AREA: FRESNO COUNTY



#### Please note:

This binder is intended to supply a general community resource guide to our Habitat homeowners, families, and the greater community. All resources leading off this guide should not be construed as an endorsement of any person or company. Any informational texts posted here are not intended to provide any advice or an opinion. These informational texts are provided as a service to all that receive this guide and are general in nature. We make no guarantees for the performance or result of use of the information or services found in the following community resource guide. This guide is provided in hard copy and PDF and will be updated annually. Please contact the Homebuyer Services Department should you wish to receive an updated one, if applicable.

**Contact us:** If you believe there needs to be any changes or additions to the information in this guide you may submit a comment or concern at:

https://forms.office.com/Pages/ResponsePage.aspx?id=sFPA8juEuUCEulJ6qcV4oGFB9yN8B\_5FpnBkcEKFwTdUMEg3MTJONVpVWktPMkJZOVJVSFQzUVZCTC4u or contact the Homebuyer Services Department at <a href="mailto:familyservices@habitatfresno.org">familyservices@habitatfresno.org</a>, or (559) 237-4102.

Last Revised: June 2025



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# 24 Hour Hotlines

2-1-1



#### **United Way of Fresno County of Fresno**

www.unitedwayfresno.org

Get Connected. Get Answers.

Simply dial 2-1-1 find Health and Human services such as information on Fresno County Social Services, Homeless Prevention Programs, Food & Shelter Assistance, Help with Landlord-Tenant Issues, Employment Resources, Assistance with Medi-Cal & Food Stamps, Help with Care for Aging Parents, Youth & Parenting Resources, Health & Mental Health Services and Legal Services Referral.

#### **Adult Protective Services (APS)**

APS aids the elderly and adults who are functionally impaired, and who are possible victims of abuse, exploitation or neglect, including self-neglect. Adult Protective Services agencies investigate reports of abuse that occur in private homes, acute care hospitals, clinics, adult day care facilities and social day care centers. APS provide a 24-hour, 7-day a week hotline to respond to all reports of suspected abuse. Fresno APS is (559) 600-3383.

#### **Alcoholics Anonymous**

2812 N. Blackstone Fresno, CA 93703 (559) 221-6907 English (24-Hour Hotline)

#### www.fresnoaa.org

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

#### California Poison Control

9300 Valley Children's Place MB15 Madera, CA 93638 1-800-222-1222 (24-Hour Hotline) www.calpoison.org



The California Poison Control System (CPCS) provides immediate, free and expert treatment advice and referral over the telephone in case of exposure to poisonous or toxic substances. Pharmacists, physicians, nurses, and poison information providers answer the calls 24 hours a day, 7 days a week, 365 days a year. Language interpreters are always available.

#### **Child Protective Services**

1404 L Street Fresno, CA 93721 (559) 600-8320

FAX SCAR to: (559) 266-2463

https://www.fresnocountyca.gov/Departments/Social-Services/Child-Welfare-Services/Report-Child-Abuse

The Children Protective (CPS) program provides emergency response to reports regarding allegations of any child(ren) who are being physical or emotional abused, neglected, exploited or have an absent parent. CPS goal is to keep the child(ren) in his/her own home when it is safe, and when the child is at risk, to develop an alternate plan as quickly as possible. Interpreters on call.

#### **Children's System of Care**

3133 N. Millbrook Fresno, CA 93703 1 (800) 654-3937

https://www.fresnocountyca.gov/Departments/Behavioral-Health/Care-Services/Programs-Services/Childrens-System-of-Care

The Fresno County Children's System of Care provides an array of services to children, youth, and families from 0-17yrs of age. Services may be provided by the Department or through our various contracted agencies who provide services on behalf of the Department. Call the County's 24/7 Access Line at 1800 654-3937. This call will start the process which can include a screening, provide linkages and referrals, and also determine eligibility for various services. People interested in children's and youth services may self-refer by visiting the Children's services at the Air Fresno Campus Monday through Friday, 8am to 5pm at 2719 N. Air Fresno Dr. Ste. 107 Fresno, CA 93727. Call (559) 600-8918 or use the Access Line at 1800 654-3937.

#### **Marjaree Mason Center**

Emergency Shelter 1600 M. Street Fresno, CA 93721 (559) 233-4357 (24 Hotline) (559) 237-4706 Business Center

#### www.mmcenter.org

During crisis hotline calls, or case management sessions, Marjaree Mason Center staff work with clients to develop a safety plan. Staff offer tips to clients to help keep safe during a potentially violent situation. Victims of domestic violence seeking shelter can drop by the Marjaree Mason Center or contact the hotline. Most services are offered at no cost.



# **Crisis Lines & Centers**

#### 9-8-8

#### Suicide & Crisis Lifeline

https://988lifeline.org/

The 988 Lifeline is for everyone. Through the 988 Lifeline, you have access to free, quality, one-on-one assistance. Our skilled, judgment-free counselors are here to provide compassionate support. You deserve to feel heard and cared about anytime, anywhere, 24/7/365.

Mental Health Emergency: For situations with immediate danger, call 911 and ask for the Crisis Intervention Team (CIT) made up of law enforcement and mental health professionals.

#### **California Youth Crisis Line**

1-800-843-5200 (24-Hour Hotline)

https://calyouth.org/cycl/

CYCL is a statewide, toll free, 24-hour, confidential Hotline available to teens and young adults ages 12-24 and/or any adults supporting youth. CYCL is also an immediate, reliable and free link between youth and local services. We can help you find homeless youth shelters, youth-serving medical clinics, on-going counseling services and much more throughout California.

#### **Central Valley Suicide Prevention Hotline**

1-800-273-8255

Offers 24/7 free and confidential support for those in crisis or experiencing a suicidal crisis. The hotline is located in Fresno and serves the following counties: Fresno, Kings, Tulare, Madera, Merced, Mariposa and Stanislaus.

#### **Exodus Recovery Crisis Stabilization Center**

4411 E Kings Canyon Rd Fresno, CA 93702 (559) 453-1008

https://www.exodusrecovery.com/fresno-crisis-stabilization-center/

The Exodus Fresno Mental Health Crisis Stabilization Unit (CSU) is a recovery focused environment where youth and adults in crisis can be assessed for stabilization services, medication evaluation and management, or hospitalization if necessary.

Depending on the needs of the client, our interdisciplinary treatment team is prepared to offer a full spectrum of psychiatric treatment services, including medication evaluation, Social Services and referrals, interdisciplinary treatment team of MD's, NP's, RN's, MSW's, MFT's and peer support, and linkages to a full spectrum of outpatient and inpatient mental health services. 24 hours a day, 7 days a week, 365 days a year. No appointment necessary.



#### **Fresno Mobile Crisis**

(559) 600-6000

Mobile Crisis, is its own service, available 24/7, 365 days a year, focused on support for non-violent mental health and substance use crises, not just intervention. The Mobile Mental Health and Substance Use Crisis Response Team is now live. Please call to speak to a trained professional.

#### **Marjaree Mason Center**

(559) 233-4357 (24-hour Crisis Helpline)

#### www.mmcenter.org

During crisis hotline calls, or case management sessions, Marjaree Mason Center staff work with clients to develop a safety plan. Staff offer tips to clients to help keep safe during a potentially violent situation. Victims of domestic violence seeking shelter can drop by the Marjaree Mason Center or contact the hotline. Most Marjaree Mason Center victim services are offered at no cost.

<u>National Alliance on Mental Illness Fresno Chapter:</u> "If you or a loved one is in immediate danger calling 911 and talking with police may be necessary. It is important to notify the operator that it is a psychiatric emergency and ask for police officers trained in crisis intervention or trained to assist people experiencing a psychiatric emergency."

**NAMI Fresno**: Understand what the process will look like when calling the police for a mental health crisis by going to this webpage.

https://www.nami.org/Your-Journey/Family-Members-and-Caregivers/Calling-911-and-Talking-with-Police/

#### **RCS Fresno**

Rape Counseling Services 559-222-7273 (24-hour Hotline)

#### http://www.rcsfresno.org

RCS is the only rape crisis center in Fresno County. RCS is a victim advocacy agency with a 24-hour crisis line. RCS Advocates provide confidential trauma informed 24-hour rape crisis intervention, crisis counseling, advocacy, accompaniment and court advocacy for survivors of sexual assault and family violence. RCS also provides individual therapy to survivors and their families. If the victim is under the age of 18, by law, RCS is required to report to the local law enforcement.

#### **The Trevor Project**

CALL: 1-866-488-7386 TEXT: 'START' to 678-678 http://www.thetrevorproject.org/

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth. Our trained



counselors understand the challenges LGBTQ+ young people face and are available for support 24/7. They will listen without judgment. When you text, chat, or call, all your conversations are

#### **Veteran's Crisis Line**

DIAL: 9-8-8-1 TEXT: 838255

24/7, confidential crisis support for Veterans and their loved ones. Contact the Veterans Crisis

Line: Dial 988 then Press 1, chat online, or text 838255.



# **Emergency & Non-Emergency Lines**

#### Register to receive Fresno County Emergency Alerts:

https://member.everbridge.net/453003085614497/new

#### In case of an emergency, please dial 911 immediately.

<u>Mental Health Emergency</u>: For situations with immediate danger, call <u>911</u> and ask for the Crisis Intervention Team (CIT) made up of law enforcement and mental health professionals.

National Alliance on Mental Illness Fresno Chapter: "If you or a loved one is in immediate danger calling 911 and talking with police may be necessary. It is important to notify the operator that it is a psychiatric emergency and ask for police officers trained in crisis intervention or trained to assist people experiencing a psychiatric emergency."

**NAMI Fresno:** Understand what the process will look like when calling the police for a mental health crisis by going to this webpage:

https://www.nami.org/Your-Journey/Family-Members-and-Caregivers/Calling-911-and-Talking-with-Police/

#### Fresno County WarmLine Call 559-600-9276

#### **Non-Emergency Lines:**

Law Enforcement: (559) 600-3111

Medical (EMS): (559) 600-7800

Fire (CalFire): (559) 294-2009



# Abuse / Domestic & Family Violence / Crime & Victim Resources

#### **Child Abuse:**

Be an advocate for children by knowing the signs of abuse and reporting child abuse. Remember, you are reporting the <u>suspicion</u> of child abuse – even if you aren't sure, it's better to let authorities check it out. You might save a child's life!

When you have concerns for a child's well-being, the indicators listed below may help guide you in your thought process. Many of these "symptoms" or "signs" could be caused by things other than abuse or neglect. Generally, these indicators do indicate that a child's safety may be at risk and, at the very least, the situation should be assessed by a professional who is able to determine the causes of these symptoms and offer the help and assistance necessary to reduce the risk to a child.

- Suspicion of abuse is all that is necessary to file a report
- Your information can be given anonymously
- You will be asked to describe your concerns about the child and it will be helpful if you can provide:
- The child's name, age, address, gender, school attended (if possible), and names of parents

To report child abuse, contact Fresno Police Department at 559.621.7000.

#### **Elder Abuse:**

Elder abuse is a term related to a varied of crimes intentionally committed against a person who is an elder or dependent adult. An elder is 65 years or older, and a dependent adult is over the age of 18 but unable to adequately care for himself because of physical or developmental disabilities. The crimes related to elder abuse range from financial crimes, frauds and scams, physical and sexual abuse, neglect to homicide.

Elder crimes are investigated by law enforcement, and they are aided by services in our community. At the Fresno Police Department, the Elder Abuse Unit is part of the Major Crimes Bureau in the Financial Crimes Unit; it is staffed by one detective. Additional services in the City include Adult Protective Services, the Ombudsman Program and the Public Guardian.

Elder abuse attacks a vulnerable group in our community, because they can have debilitating illnesses and failing mental faculties. They are also a generation that trusted their friends, families and strangers. Even though elder abuse can be committed by strangers, usually in the case of fraud, elder abuse is often committed by family members, friends and caregivers. We ask our community to report suspected elder abuse to law enforcement, APS or the Ombudsmen. Abuse



can continue and often escalates if there is no intervention.

- Financial Crimes, frauds and scams can be <u>reported online</u>. We have information in the identity theft/fraud link to provide information about reporting these types of crimes.
- Physical abuse, sexual abuse, and neglect can be life threatening, so should be reported to a police officer. Call our dispatcher at (559) 621-7000 to request assistance.
- Abuse or suspected abuse can also be reported to APS or the Ombudsmen.

If you suspect Medi-Cal fraud, please call the toll-free hotline at (800) 722-0432. For more specific information about the State Programs, refer to the Attorney General's web site.

#### **Adult Protective Services (APS)**

APS aids the elderly and adults who are functionally impaired, and who are possible victims of abuse, exploitation or neglect, including self-neglect. Adult Protective Services agencies investigate reports of abuse that occur in private homes, acute care hospitals, clinics, adult day care facilities and social day care centers. APS provide a 24-hour, 7-day a week hotline to respond to all reports of suspected abuse. Fresno APS is (559) 600-3383.

#### Central La Familia Advocacy Services Neighborhood Resource Center

West Fresno Health & Community Services Bldg. 302 Fresno St. #102

Fresno, CA 93706 Office: (559) 237-2961

https://www.centrolafamilia.org/services/#victim-services

Victim Services

The Victim Services Department provides much-needed services to those who have been victims of domestic violence, sexual assault, human trafficking, and other serious crimes. This includes the Victim Assistance Program, Nueva Esperanza (New Hope), Rescue & Restore Victims of Human Trafficking, and Sexual Assault Services Culturally Specific Program.

#### **Child Protective Services**

1404 L Street Fresno, CA 93721 (559) 600-8320

FAX SCAR to: (559) 266-2463

https://www.fresnocountyca.gov/Departments/Social-Services/Child-Welfare-Services/Report-Child-Abuse

The Children Protective (CPS) program provides emergency response to reports regarding allegations of any child(ren) who are being physical or emotional abused, neglected, exploited or have an absent parent. CPS goal is to keep the child(ren) in his/her own home when it is safe,



and when the child is at risk, to develop an alternate plan as quickly as possible. Interpreters on call.

#### **Comprehensive Youth Service of Fresno**

3795 E. Shields Fresno, CA 93726 (559) 229-3561 http://www.cysfresno.org/

The Child Abuse Treatment (CHAT) Program provides intensive therapeutic counseling services, on an outpatient basis, to children, under 18 years of age, who have been a victim of a qualifying crime.

#### **Family Healing Center**

7025 N. Chestnut #102 Fresno, CA 93720 (559) 840-1012

http://www.cysfresno.org/

The Family Healing Center is a non-profit organization that provides critical services to women and children who are victims/survivors of sexual and physical abuse, domestic violence, and victims who witness abuse. At the Center we care for victims of Child Abuse, Domestic Violence, Sexual Assault, and Family Violence with care and compassion. Our staff members are here to help you and your family through the healing process.

#### **Marjaree Mason Center**

255 W. Bullard Ave Fresno, CA 93704 1392 4<sup>th</sup> Street Clovis, CA 93612 1-800-640-0633 (24 Hotline) (559) 237-4706 Business Center

#### www.mmcenter.org

During crisis hotline calls, or case management sessions, Marjaree Mason Center staff work with clients to develop a safety plan. Staff offer tips to clients to help keep safe during a potentially violent situation. Victims of domestic violence seeking shelter can drop by the Marjaree Mason Center or contact the hotline. The Marjaree Mason Center offers a variety of education opportunities for those who have experienced domestic violence or for the community at large. Most Marjaree Mason Center victim services are offered at no cost. The Marjaree Mason Center offers individual and group therapy for adults and children affected by domestic violence. Services are offered at the Marjaree Mason Center Administration Building.

#### **Ombudsman Program**

Fresno and Madera Counties Ombudsman Program



3845 N. Clark Street, Suite 201 Fresno, CA 93726 (559) 224-9177

Ombudsmen are trained individuals who advocate for the protection and rights of all residents in long-term care facilities. These facilities include skilled nursing facilities, residential care facilities for the elderly, community care facilities and intermediate care facilities. The primary responsibility of the Ombudsman program is to investigate and resolve complaints made by, or on behalf of, individual residents.



# Adults & Children with Disabilities

#### **Central Valley Regional Center**

4615 N. Marty Ave. Fresno, CA 93722 (559) 276-4300

https://www.cvrc.org/

Central Valley Regional Center's mission is to help individuals with intellectual and developmental disabilities, and children at risk, to reach their goals.

#### **California Connect**

#### https://caconnect.org/

We provide communication access for Californians with hearing, vision, cognitive, mobility, and speech-related disabilities. The program's accessible products and services are available at no cost, removing financial barriers.

#### **Deaf and Hard of Hearing Service Center**

Voice: (559) 225-3323 VP: (559) 578-4117 https://dhhsc.org/

To advocate, seek equality, and promote self-determination through empowerment for those who seek our assistance; and to enhance the awareness and understanding of Deaf Culture and the unique communication needs of the Deaf and Hard of Hearing individuals. Services include interpreting employment, DeafBlind, family services programs, community education series, and literacy programs.

#### **Easterseals Central California**

2505 W. Shaw Avenue, Suite 101 Fresno, CA 93711 (559) 241-7233

https://www.celebratingabilities.org/autism-services

Our services address the urgent need for effective intervention for children as young as 18 months. We customize interventions to meet the unique needs of each client while educating and developing a community of support for the families we serve.

#### Fresno Community-Based Adult Services (CBAS)

1060 Fulton Street, Suite 105 Fresno, CA 93721 (559) 512-2227

https://fresnocbas.org/

Fresno CBAS offers services to eligible older adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization. Services include a health care manager, nursing services, occupational and



physical therapy, social services, dietitian services, and festive and therapeutic activities.

#### **In-Home Supportive Services (IHSS)**

Department of Social Services (559) 600-6666

https://www.fresnocountyca.gov/Departments/Social-Services/Adult-Services/In-Home-Supportive-Services

The In-Home Supportive Services (IHSS) program arranges for and helps pay for services to enable elderly, blind or disabled persons to live safely and independently in their own homes. The Fresno County IHSS program is considered an alternative to out-of-home care, such as nursing homes or board and care facilities. The types of services that can be authorized through IHSS are chores and related services (such as housecleaning, meal preparation, laundry and grocery shopping), and personal care services (such as bowel and bladder care, bathing and paramedical services).

#### **Resources for Independence Central Valley**

3636 N First St suite 101 Fresno, CA 93726 (559) 221-2330

https://ricv.org/

Resources for Independence Central Valley (RICV) provides a foundation of core consumer-controlled, community-based, cross-disability and person-focused services. From work readiness to assistive technology training, and much more--RICV is dedicated to enhancing the quality of life for individuals with disabilities. Through strategic programs and services, the RICV Team strives to empower persons with disabilities achieve maximum potential.

#### **Valley Caregiver Resource Center**

5363 N. Fresno Street Fresno, CA 93710 (559) 224-9154

#### www.valleycrc.org

VCRC offers a comprehensive umbrella of services designed to help families and communities master the challenges of caring for adults with brain impairing conditions, such as Alzheimer's disease, stroke, Parkinson's disease and traumatic brain injury. VCRC also provides health insurance counseling for Medicare recipients and advocacy services for long-term residents. HICAP provides free and objective information and counseling about Medicare. Volunteer counselors can help you understand your specific rights and health care options. HICAP also offers free educational presentations to groups of Medicare beneficiaries, their families and/or providers on a variety of Medicare and other health insurance related topics.



#### **Valley Center for the Blind**

3417 W. Shaw Ave. Frenso, CA 93711 (559) 222-4447

https://myvcb.org/

Valley Center for the Blind is a 501(c)(3) non-profit organization that focuses on improving and enhancing the lives of people with vision loss in California's Central Valley. Social programs include supportive services and adaptive recreation.



# Aging / Seniors

#### **California Department of Aging**

https://aging.ca.gov/

The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State. These services are provided locally by the Area Agencies on Aging (AAA), Medi-Cal Community Based Adult Services (CBAS) centers, or other contracted agencies. Our local services are provided by the Fresno-Madera Agency on Aging.

#### Fresno-Madera Area Agency on Aging

2520 W. Shaw Lane #101A Fresno, CA 93726 (559) 214-0229 1-800-510-2020

http://fmaaa.org/

The spectrum of services offered through the Agency on Aging and community partners helps older adults and family caregivers to successfully manage day-to-day challenges. For assistance with navigating programs and services offered throughout Fresno and Madera counties for older adults and family caregivers, call our Information and Assistance line: 559-214-0299 or 800-510-2020.

When you call, an experienced program coordinator will listen to your needs and provide you with referrals to organizations and programs that best match your needs. There's never a charge for our services, and all calls are kept confidential.

#### Meals on Wheels

#### Congregate meal sites have reopened.

In Fresno and Madera Counties if you need a home-delivered meal you can contact the Agency on Aging at 559-214-0299.

**Eligibility**: 60 years and older and homebound by reason of illness, incapacity, disability, or lack of family support.

**Fee**: Participants are given the opportunity, but are not required, to contribute to the cost of the meal (suggested donation is \$50 a month).

Note: Eligibility requirements and fees are subject to change.

#### **Fresno City Senior Centers**

Activities vary each month and by site. Activities include: trivia, jewelry making, bingo, exercise classes, arts & crafts, ceramic painting, and more. Senior Recreation Program:

Monday-Friday 9:00 AM to 11:00 AM



#### (Unless otherwise noted)

Senior Hot Meals Program: Monday-Friday 11 AM-12:00 PM. Only sites with \*\*

#### \*\*Inspiration Park

5770 W. Gettysburg Ave Fresno, CA (559) 691-1058

#### \*\*Lafayette Neighborhood Center

1516 E. Princeton Fresno, CA (559) 621-2934

#### \*\*Mary Ella Brown Community Center

1350 E. Annadale Ave Fresno, CA (559) 497-1326

#### \*\*Mosqueda Community Center

4670 E. Butler Ave Fresno, CA (559) 417-2341

#### \*\*Pinedale Community Center

7170 N. San Pablo Ave Fresno, CA (559) 974-6720

#### Senior Citizens Village

1917 S. Chestnut Ave Fresno, CA (559) 538-5232

#### \*\*Ted. C. Wills Community Center

770 N. San Pablo Ave Fresno, CA (559) 621-6742

#### The Link @ Blackstone

1525 N. Blackstone Ave



Fresno, CA (559) 267-6670

#### Paul "Cap" Caprioglio Center

5191 N. Sixth St Fresno, CA (559) 621-6619

#### Fresno Community-Based Adult Services (CBAS)

1060 Fulton Street, Suite 105 Fresno, CA 93721 (559) 512-2227

https://fresnocbas.org/

Fresno CBAS offers services to eligible older adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization. Services include a health care manager, nursing services, occupational and physical therapy, social services, dietitian services, and festive and therapeutic activities.

#### **SER, Jobs for Progress, Inc.**

Senior Employment Training 255 N. Fulton St., Suite 106 Fresno, CA 93701 (559) 452-0881

https://sercalifornia.org/scsep/

This program serves seniors who are looking to return to the work environment and provides employment and training services to improve their employability. Eligibility: 55 and older, unemployed, within 125% of poverty level, must reside in a county served by SER.

#### **Valley Caregiver Resource Center**

5363 N. Fresno St. Fresno, CA (559) 224-9154 (800) 541-8614

https://www.valleycrc.org/

Valley Caregiver Resource Center provides seniors and their caregivers throughout the Central Valley with a wide array of services. VCRC is here to help you navigate the caregiving journey.



# Advocacy Groups

#### **Phone numbers:**

Family Advocate Navigator (559) 600-6734

Fresno County Department of Social Services 1-877-600-1377

**Health Consumer Alliance** (559) 600-1377

**Patient Rights Advocate Program** (559) 492-1652

#### **Organizations**

#### California Labor Commissioner

770 E. Shaw Ave, Ste 314 Fresno, CA 9371 (559) 244-5340

http://www.dir.ca.gov/

The Department of Industrial Relations was established to improve working conditions for California's wage earners, and to advance opportunities for profitable employment in California. Understand labor laws, know your rights as a worker, and report unsafe working conditions.

#### California State Department of Fair Employment and Housing

Civil Rights Department 1277 E. Alluvial Avenue, Suite 101 Fresno, CA 93720 (559) 244-4760 www.dfeh.ca.gov.

The mission of the Department of Fair Employment and Housing is to protect Californians from employment, housing and public accommodation discrimination, and hate violence.

#### California Youth Connection (CYC) Fresno Chapter

1625 E. Shaw, Suite 106 Fresno, CA 93710 (559) 228-4080



#### www.calyouthconn.org

CYC is guided, focused and driven by current and former foster youth with the assistance of other committed community members. CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy.

#### Centro La Familia Advocacy Services Inc.

302 Fresno Street Suite 102 Fresno, Ca 93706 (559) 237-2961 1-877-294-3772

#### www.centrolafamilia.org

Centro La Familia provides direct advocacy and intervention services to low-income residents. Advocacy services assists with child support/stay away orders, public benefits, enrollment in Medi-Cal and Healthy Families insurance, food stamps, Home Owners and Renters credit, EITC, and PG&E Care program. Education Awareness Programs include Telecommunications, Breast Cancer, First 5 Home Visitation Program, Mental Health counseling and both English and Spanish Speaking Parenting Classes.

#### **Court Appointed Special Advocates (CASA)**

2300 Tulare St., #120 Fresno, CA 93721 (559) 244-6485

#### www.casafresno.org

CASA of Fresno and Madera Counties is a voice for abused and neglected children in our community who have been placed in foster care. These children are currently facing loneliness, health issues, a lack of stability, and a great risk of falling behind educationally and developmentally. As adults they are at greater risk of homelessness, substance abuse, imprisonment and more. Children with a CASA volunteer are more likely to find a permanent, loving home, be connected with supportive services while in the foster care system, perform better academically, and form a stronger sense of acceptance, positivity, and achievement.

#### **Disability Rights California**

567 West Shaw, Suite C-3 Fresno, CA 93704 (559) 476-2000

#### http://www.disabilityrightsca.org/

Disability Rights California (DRC) is the agency designated under federal law to protect and advocate for the rights of Californians with disabilities. Our California Office of Patients' Rights (COPR) advocates for the rights of people in the State Hospitals who have a psychiatric disability or emotional impairment. Our Office of Clients' Rights Advocacy (OCRA) assists individuals with developmental disabilities who are clients of California's Regional Centers.



#### Frente Indigena de Organizaciones Binacionales

744 P Street, Suite 307 Fresno, CA 93721 (559) 237-9812

www.fiob.org

Centro and Frente work to maintain the cultural, social, and linguistic integrity of indigenous communities. Implements community-based projects that promote human rights, family health, community integration, gender equality and collaboration with other organizations.

#### Fresno County Public Guardian

4460 E. Huntington Ave Fresno, CA 93702 (559) 600-1500

https://www.fresnocountyca.gov/Departments/Behavioral-Health/Care-Services/Programs-Services/Public-Guardian

The Public Guardian exists to protect and care for those in our community who are unable to properly care for themselves or who are unable to manage their finances and have no one else to assist them. The Public Guardian is able to provide these services through the legal process known as conservatorship. The Public Guardian's Office receives referrals and conducts investigations into the need for conservatorship for residents of Fresno County and, when appropriate, files petitions with the court asking to be appointed as conservator. **Note: The Public Guardian is not an emergency response agency. For emergencies concerning adults contact Adult Protective Services (APS) 24 hours a day at (559) 600-3383 or 1800 418-1426 For emergencies concerning children contact Child Protective Services (CPS) at (559) 600-8320** 

#### **West Fresno Regional Center**

142 E. Cesar Chavez Blvd. Fresno, CA 93706 (559) 600-1377

Assistance programs, health consumer advocacy, CalFresh, CalWORKS, general relief, etc.

#### **Valley Caregiver Resource Center**

5363 N. Fresno Street Fresno, CA 93710 (559) 224-9154

#### www.valleycrc.org

VCRC offers a comprehensive umbrella of services designed to help families and communities master the challenges of caring for adults with brain impairing conditions, such as Alzheimer's disease, stroke, Parkinson's disease and traumatic brain injury. VCRC also provides health insurance counseling for Medicare recipients and advocacy services for long-term residents. HICAP provides free and objective information and counseling about Medicare. Volunteer



counselors can help you understand your specific rights and health care options. HICAP also offers free educational presentations to groups of Medicare beneficiaries, their families and/or providers on a variety of Medicare and other health insurance related topics.

#### **Resources For Independence Central Valley**

3636 N. First Street, Suite 101 Fresno, CA 93736 (559) 221-2330

#### www.ricv.org

As a hub for independent living services and disability resources, RICV provides a foundation of core consumer-controlled, community-based, cross-disability and person-focused programs and assistance.



# Career & Technical Education Services

#### **Cesar E Chavez Adult Education Center**

2500 Stanislaus Fresno, CA 93721 (559) 457-6000

http://www.fas.edu/

www.education-leadership.org

The Educational center mission is preparing students to achieve their educational and career goals. The Educational Center offers adult basic education, GED, High School Diploma, Career Technical Education, Parenting, English, as a Second Language, CBET, Adults with disabilities, and Citizen Preparation Classes. Career Technical Education (CTE) Programs are designed for students who are interested in full certificate programs or individual classes that will update their skills, prepare them for a vocation change and equip them with the necessary tools to start their careers in the workplace. All pathways result in industry-recognized certification. Includes Health, Business, Hospitality, and Education.

#### Career Online High School - Fresno Public Library

(559) 600-9240

mydiploma@fresnolibrary.org

The Fresno County Public Library's Career Online High School (COHS) offers adults (19 and over) the opportunity to earn an accredited high school diploma and career certificates online. The library's program provides a limited number of scholarships that will cover the COHS program expenses to qualified adult learners who are looking to expand their career opportunities, prepare for workforce entry or continue their education. Contact us at mydiploma@fresnolibrary.org, or call the Literacy Services Center at: (559) 600-9240.

#### Central California Educational Opportunity Center

Thomas Building Room 122 550 E. Shaw Ave., Suite 240-13 Fresno, CA 93710 (559) 278-2280

#### www.csufresno.edu/eoc

The ultimate purpose of the Educational Opportunity Center is to provide information regarding financial and academic assistance available for individuals who desire to pursue a program of postsecondary education and to aid individuals in applying for admission to institutions that offer programs of postsecondary education, including assistance in preparing necessary applications for use by admissions and financial aid officers. Eligibility requirements are: You must reside in Fresno, Madera or Tulare County. You must be at least 18 years of age. You must meet legal residency requirements, and you must have a desire to attend school beyond high school or GED



program.

#### **Education & Leadership Foundation (ELF)**

4290 East Ashlan Avenue Fresno, CA 93726 Office: (559) 291-5428 Emergency: (559) 708-3738

www.education-leadership.org

DACA Renewals & Information, Green Card Renewals (Permanent Resident), Citizen Applications and Naturalization, Family Petitions, Adjustment of status, Consular Process, FBI/FOIA Request, Documents Translation (Spanish/English), U-Visa / VAWA

#### **Farber Educational Campus**

Fresno Unified School District 720 10th Fresno, CA 93702 (559) 253-5390

https://farber.fresnounified.org/cte-programs

Farber Career Technical Education Programs include cyber security, logistics and warehouse management, and multimedia and video production.

#### Fresno County Public Library Literacy Services

https://fresnolibrary.org/literacy/index.html

We offer free literacy services for individuals experiencing low literacy and their families. Adults must be able to retain information. All Family Literacy programs' parents or caregivers must participate in and be engaged. Also including ESL- English Learning/English for Anyone: Practice listening, speaking and writing English in a safe welcoming environment with other Adult Learners. For English Speakers of Other Languages (ESOL).

#### **Fresno County Public Library**

<u>Jobs and Career Resource List</u> https://fresnolibrary.org/ref/emp.html

#### Fresno City College

Adult Education HS-158 (Health Sciences #29) 1101 East University Ave Fresno, CA 93741 (559) 244-2608

https://www.fresnocitycollege.edu/student-services/programs/adult-education.html

The Adult Education Program at Fresno City College provides equitable and inclusive access to support adult learners ages 18 years and older. We partner with adult schools and community organizations to provide educational and career readiness opportunities to transition adult



learners into post-secondary education and the workforce. Programs offered: English as a Second Language Classes, High School Equivalency Preparation, Technical Training Programs.

#### **Local Conservation Corps**

1805 E. California Ave Fresno, CA 93706 (559) 264-1048

http://www.fresnoeoc.org/lcc

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.

#### YouthBuild Fresno

1805 E. California Ave Fresno, CA 93706 (559) 264-1048

http://www.fresnoeoc.org/lcc/youthbuild

Youth Build Fresno employs young adults between the ages of 18 to 24 years old who need to complete their high school education. Participants of the program work toward their diploma or GED while leaning job skills by building or refurbishing low income houses, performing landscaping, community clean-up, and more.



# Children & Family

### **Child Care**

#### Local Child Care Resource and Referral Agency - Central Valley Children's Services Network

1911 N. Helm Ave Fresno, CA 93727 (559) 456-8195 cvcsn@mychildcareplan.org https://www.cvcsn.org/find-care/

One of the services CVCSN provides is to help connect parents with quality childcare professionals in the area. We keep a database of licensed childcare providers who meet our standards as quality providers. We keep detailed information about space, availability, and hours offered to help parents find the best match for their children.

## Early Intervention & Child Development

#### **Central Valley Regional Center**

4615 N. Marty Ave. Fresno, CA 93722 (559) 276-4300

https://www.cvrc.org/

Central Valley Regional Center's mission is to help individuals with intellectual and developmental disabilities, and children at risk, to reach their goals.

#### Comprehensive Youth Services (CYS) of Fresno

4545 N. West Ave. Fresno, CA 93705 (559) 229-3561

https://www.cysfresno.org/

Provides counseling, crisis intervention, and support services for children, youth, and families, including those involved in the foster care or juvenile justice systems.

#### **Help Me Grow Fresno County**

Exceptional Parents Unlimited 1-866-KIDS-HMG

https://epuchildren.org/about/help-me-grow/

No question is too small. Help Me Grow promotes early child health, developmental screening, identification, and linkage for young children and their families to community-based services and support. If you have questions or concerns about your child's development, behavior, learning or health, call us!



#### **Exceptional Parents Unlimited**

4440 N. First St. Fresno, CA 93726 (559) 229-2000

https://epuchildren.org/

Our Mission of Exceptional Parents Unlimited is to guide and strengthen families and children with unique needs through early intervention and supportive services that cultivate hope and resilience.

Our Primary Purpose: Young children (age 0-5) with unique needs and their families can thrive with early intervention and support. Our Secondary Purpose: Parents and caregivers with training and support can help older children with unique needs achieve the best possible outcomes.

#### **Fresno County Public Library Literacy Services**

https://fresnolibrary.org/literacy/index.html

We offer free literacy services for individuals experiencing low literacy and their families. Adults must be able to retain information. All Family Literacy programs' parents or caregivers must participate in and be engaged. Also including ESL- English Learning/English for Anyone: Practice listening, speaking and writing English in a safe welcoming environment with other Adult Learners. For English Speakers of Other Languages (ESOL).

#### Head Start 0 to 5

Fresno Economic Opportunities Commission Head Start 0 to 5 Central Office: (559) 263-1200

https://fresnoeoc.org/head-start-0-to-5/

Head Start 0 to 5 is a federally funded community-based program for income eligible pregnant women and children ages birth to five, inclusive of children with disabilities. They provide comprehensive child development and family support services, including education, social, emotional, health, nutrition, family support, and disability services. Head Start 0 to 5 is committed to building strong children and families.

#### La Leche League of Fresno

(559) 426-5553 Illoffresno@gmail.com

https://lllfresno.org/home

We are here to help you meet your breastfeeding goals. Though breastfeeding is natural, many find they benefit from information and support. Getting to know other nursing parents can be helpful and reassuring. La Leche League of Fresno offers several ways to support you on your breastfeeding journey. We offer phone/email support by accredited La Leche League Leaders, and monthly support group meetings.

#### **Lighthouse for Children**



2405 Tulare Street Fresno, CA 93721 (559) 558-4900 https://lfcfresno.org/

If you are a parent or guardian of a child 0–5 years old, you can find services and support at the Lighthouse tailored to your needs. Our programs and services focus on promoting effective prenatal and infant care, healthy growth and child development, and building positive relationships within families.

#### **Reading and Beyond**

4670 E. Kings Canyon Rd. Fresno, CA 93727 (559) 600-6191

https://readingandbeyond.org/

Offers parenting workshops, early literacy programs, ESL classes, and school-readiness support. Programs are designed to empower parents as leaders in their children's education and development.

# **Family**

#### Arte Américas – Cultural Events & Free Family Days

1630 Van Ness Ave.

Fresno, CA 93721

https://www.arteamericas.org/

Free or donation-based events focused on Latino art, music, and culture. Great for all ages.

#### Fresno County Adolescent Family Life Program (AFLP)

1900 Mariposa Mall, Suite 301 Fresno, CA 93721 (559) 263-1090

https://fresnoeoc.org/aflp/

The program provides case management services to pregnant and parenting adolescents. AFLP case management services may include but are not limited to: prioritizing personal goals, assisting with staying in or returning to school, attaining a positive pregnancy outcome, developing effective parenting skills, obtaining social and economic independence, and locating/utilizing appropriate community resources. Hours of operation Monday through Friday, 8:30 – 5:00. Eligible teens must be pregnant and/or parenting. Services are provided to females up to age 20 and males up to age 21 years. Services are provided to eligible clients regardless of socioeconomic status, race, ethnicity, or physical, developmental, or mental disability.

#### **West Fresno Family Resource Center**

1802 E. California Ave., Fresno, CA 93706



(559) 264-7185

https://wffrc.org/

Offers parenting education, youth programs, basic needs referrals, and health resources in West Fresno. Culturally relevant programming for African American, Latino, and other families.

## Youth Development & Enrichment

#### **Big Brothers Big Sisters of Central California**

905 Fulton Street Fresno, CA 93721 (559) 268-2447

https://www.bigs.org/

Provides one-on-one mentoring relationships for youth facing adversity to help them reach their full potential.

#### **Boys and Girls Clubs of Fresno County**

4047 N. Fresno Street Fresno, CA 93726 (559) 268-1006

http://bgclubfc.org/

To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsibly citizens. Boys & Girls Clubs of Fresno County programs and services promote and enhance the development of boys and girls by instilling: A sense if competence, usefulness, belonging, and power of influence.

#### **Boys Scouts of America, Sequoia Council**

6005 N. Tamera Ave Fresno, CA 93711 (559) 320-2100 (559) 436-1339

http://segbsa.org/

The Boy Scouts of America is the nation's foremost youth program of character development and values-based leadership training. In the future, Scouting will continue to: Offer young people responsible fun and adventure. Instill in young people lifetime values and develop ethical character as expressed in the Scout Oath and Law. Train young people in citizenship, service and leadership

#### **Chicano Youth Center**

1515 E. Divisadero Street Fresno, CA 93721 (559) 497-8552

https://chicanoyouthcenterfresno.org/

Provides Hispanic, Asian, and African American youth with various recreational, cultural and



sports activities on a daily basis while supporting special community events throughout the year.

#### City of Fresno Parks & Recreation

2600 Fresno Street Fresno, CA 93721 (559) 621-2489

#### https://www.fresno.gov/parks/activities-recreational-programs/

The City of Fresno offers numerous programs with the focus of bringing community members together for recreation, science education, computer training, fitness, and more. Our youth recreation activities are created to meet the needs of the whole child... mind, body, and spirit. The programs offered at Fresno's neighborhood centers enhance the physical, cultural, intellectual, and social experiences of Fresno youth. Most centers are open to the public Monday through Friday from 3-7pm. We encourage you to participate in any one of our low- or no-cost activities and programs.

#### **Encourage Tomorrow**

2491 W. Shaw Ave. Suite 110 Fresno, CA 93711 (559) 233-2880

#### http://encouragetomorrow.org/

The mission of Encourage Tomorrow is to provide quality educational programs that empower students and families to become resilient and maintain healthy lifestyles. Encourage Tomorrow provides afterschool and lunch time youth development programs. Cultural awareness, service based learning, career development, college preparation, self-esteem, health and nutrition. It also provides life skills courses, mentoring, job skills, and job shadowing opportunities.

#### **Focus Forward Juvenile Justice Campus Commitment Facility**

3333 E. American Avenue, Suite B Fresno, CA 93725 (559) 600-4961

#### http://www.focusforward.org

To create positive changes and promote successful outcomes for young people in the Fresno County juvenile justice and foster care systems. To mobilize and coordinate community support of programs and services for children and services for children and young people in the Fresno County juvenile justice and child welfare systems. Focus Forward has mentoring, tutoring, art, creative writing classes, music, education, gang intervention, financial literacy, relationship skills, gender specific groups, parenting education, part child bonding skills, literacy, meditation and yoga.

#### Fresno Barrios Unidos

4415 E Tulare Avenue Fresno, CA 93702 (559) 453-9660



#### http://www.fresnobarriosunidos.org/

Fresno Barrios Unidos, is a local community benefit organization providing services to youth, families, and individuals in the Fresno Area. Fresno Barrios Unidos provides free and confidential reproductive health services, provides presentations or reproductive health education, domestic violence and parenting skills, operates an after school program for youth between the ages of 12 – 18 years of age and host six block parties throughout Fresno County.

#### Girl's Scouts of the Central California South

1377 W. Shaw Avenue Fresno, CA 93711 1-800-490-8653

#### http://www.girlscoutsccs.org/

Our mission is to build girls of courage, confidence and character, who make the world a better place. Through activities in science and technology, business and economic literacy, and outdoor and environmental awareness, Girl Scout- ing provides girls with opportunities for fun and friendship, while fostering the development of leadership skills and self-esteem.

#### **Local Conservation Corps**

1805 E. California Ave Fresno, CA 93706 (559) 264-1048

#### http://www.fresnoeoc.org/lcc

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.

#### Safe Place

2336 Calaveras Street Fresno, CA 93721 (559) 498-8543 1-800-820-4968

#### http://www.fresnoeoc.org/safe-place

The program provides youth, 11-17 years of age, access to immediate help and safety through a network of community Safe Place sites that open its doors to troubled youth. Marked by a yellow and black diamond-shaped "Safe Place" sign these specially designated sites provide youth in crisis immediate interventions, supportive services, and professional referral to EOC's Sanctuary Service. There are 260 Safe Place site in Fresno County including all Fresno Unified Schools, WalMart stores, Circle K stores, Boys and Girls Clubs, Holy Cross Women's Center, Poverello House, Neighborhood Resource Centers, City of Fresno, Parks and Recreation Centers, United Way, and other youth- friendly sites. Another partner is Fresno Area Express (FAX), has designated every city bus as a Safe Place. From any bus stop, a teen in crisis can board a FAX bus and inform the driver that she or he is in need of a "Safe Place".



http://www.fresnoeoc.org/files/pdf/safe-place-sites.pdf

#### **Youth Leadership Institute**

1749 L. Street Fresno, CA 93721 (559) 255-3233

https://yli.org/region/fresno/

The Youth Leaderships Institute builds communities where young people and their adult allies come together to create positive social change. Youth and Adult Partnerships, Community and Relationship Building, Learning and Teaching, Leadership and Advocacy, Innovation, Inclusion: We aim to include all youth and community members in our work, and to have programs, staff, and a board that reflect the communities in which we work



# City Services & Local Government

#### City of Fresno 559.621.CITY or call 311



#### **Understanding Government: City, County, State & Federal**

Knowing which level of government handles what can help you get the services and support you need — or speak up for change in the right place.

#### **CITY GOVERNMENT (City of Fresno)**

- Main Role: Manages services inside city limits.
- Led by: Mayor and City Council (7 districts in Fresno)
- Examples of Responsibilities:
  - Police & Fire Departments
  - Local parks & recreation
  - Trash, water, and sewer
  - Building permits & zoning
  - Public transportation (Fresno Area Express)
- Where to Go: www.fresno.gov

#### **COUNTY GOVERNMENT (Fresno County)**

- **Main Role:** Serves all people in the county including those in cities and rural areas. Takes care of broader regional needs.
- **Led by:** Board of Supervisors (5 districts)
- Examples of Responsibilities:
  - Public health services & clinics
  - Social services (CalFresh, Medi-Cal, child welfare)
  - Elections & voter registration
  - County jail & sheriff
  - Property taxes & records
  - Emergency services (OES)



Where to Go: www.fresnocountyca.gov

#### What is the Board of Supervisors?

- The Board of Supervisors is like the city council for the whole county.
- They make laws for the county, approve budgets, and oversee departments like public health and social services.
- Supervisors represent specific districts. Find your supervisor here: Board of Supervisors

#### **STATE GOVERNMENT (California)**

- Main Role: Handles laws and programs across all of California.
- Led by: Governor, State Senate, and Assembly
- Examples of Responsibilities:
  - Statewide health insurance programs (like Covered California)
  - Schools & universities
  - State roads & highways (like Highway 99)
  - Employment law, housing law, and tenant protections
  - State taxes (like income tax)
- Where to Go: www.ca.gov

#### **FEDERAL GOVERNMENT (U.S.)**

- Main Role: Sets national laws and handles nationwide services.
- Led by: President, Congress (Senate & House of Representatives)
- Examples of Responsibilities:
  - Immigration and citizenship
  - Social Security and Medicare
  - Federal taxes (IRS)
  - National defense
  - Federal courts
- Where to Go: www.usa.gov

#### **City of Fresno Services**

#### **Public Utilities**

https://www.fresno.gov/publicutilities

Providing life's essential services of delivering high-quality drinking water, wastewater collection, and solid waste disposal

#### Finance

https://www.fresno.gov/finance/

Quality services in Administration, Accounting and Management Studies, Business License & Tax



#### **Transportation**

https://www.fresno.gov/transportation/

Fresno Area Express. We want to hear from you.

#### **Planning and Development**

https://www.fresno.gov/planning/

Get information on public and private property development happening throughout our city

#### **Personnel Services**

https://www.fresno.gov/personnel/

Find careers opportunities, see employee benefits, development and training

#### **Parks**

https://www.fresno.gov/parks/

Public access to well-maintained green space to enjoy leisure recreation

#### **City Council**

https://www.fresno.gov/council/

The City of Fresno consists of 7 districts. See our meetings schedule and learn more

#### **Mayor**

https://www.fresno.gov/mayor/

Office of the Mayor. See the latest plans and initiatives we have planned for our great city

#### **Public Works**

https://www.fresno.gov/publicworks/

Focusing on building and maintaining the critical backbone infrastructure of the city

#### **Fire**

https://www.fresno.gov/fire/

The Fire Department oversees all aspects of the City's fire related needs: from suppression and prevention to investigations and life safety education.

#### **City Clerk**

https://www.fresno.gov/cityclerk/

Provides quality customer service and connect the public with the legislative process

#### **City Manager**

https://www.fresno.gov/citymanager/



Providing overall management and supervision, coordinating all day-to-day operations

# **City Attorney**

https://www.fresno.gov/cityattorney/

The City Attorney's Office represents and advises the Mayor, City Council, City boards and more

# **Economic Development**

https://www.fresno.gov/economicdevelopment/

Implementing the Mayor's vision for making Fresno a more prosperous and inclusive city

#### **Information Services**

https://www.fresno.gov/information services/

Reliable and trusted source for Information Technology for the City of Fresno

#### **General Services**

https://www.fresno.gov/generalservices/

Provides internal support services to all City departments

# **Budget**

https://www.fresno.gov/budget/

The Budget and Management Studies Department (BMSD) assists in financial planning and strategic management processes across the city organization

# **Capital Projects**

https://www.fresno.gov/capitalprojects/

The Capital Projects Department is focused on delivering public infrastructure projects in a timely and cost-effective manner for a variety of other City departments.

#### Fresno Animal Center

https://www.fresno.gov/fresnoanimalcenter/

Provide state-mandated animal control services

#### **County Clerk / Registrar of Voters Department - Elections**

2221 Kern Street Fresno, CA 93721 (559) 600-8683

https://www.fresnocountyca.gov/Departments/County-ClerkRegistrar-of-Voters/Elections

Voter Registration, Check your Registration Status, Find your Districts, Register to Vote Online, Facts For New Citizens, Where's my Ballot?, Voters Choice Act, Vote Centers and Drop Boxes Lookup, Election Data, Community and Voter Outreach, Campaign Finance Disclosure Reports,



Employment Opportunities, Resources.

# **Fresno County Board of Supervisors**

2281 Tulare Street Fresno, CA 93721

https://www.fresnocountyca.gov/Departments/Board-of-Supervisors

## **Fresno County Department of Public Health**

1221 Fulton Street Fresno, CA 93721 (559) 600-3200

https://www.fresnocountyca.gov/Departments/Public-Health

The Fresno County Department of Public Health provides services like immunizations, health education, and disease prevention to protect the well-being of all Fresno County residents.

#### Fresno County Public Library

2420 Mariposa Street Fresno, California 93721 (559) 600-7323

https://www.fresnolibrary.org/

The Fresno County Public Library provides books, ebooks, music, movies, magazines, newspapers, reference assistance, wireless Internet access and a variety of other services at its 35 locations throughout Fresno County, California. Take advantage of other services such as the CA State Parks pass and more.

#### **Fresno Housing Authority**

1331 Fulton Street Fresno, CA 93721 (559) 443-8400

https://fresnohousing.org/

Fresno Housing provides low-income families with a safe and stable place to live.

#### **Parks & Recreation**

2600 Fresno Street Fresno, CA 93721 (559) 621-2489

https://www.fresno.gov/parks/activities-recreational-programs/

The City of Fresno offers numerous programs with the focus of bringing community members together for recreation, science education, computer training, fitness, and more. Our youth recreation activities are created to meet the needs of the whole child... mind, body, and spirit. The programs offered at Fresno's neighborhood centers enhance the physical, cultural, intellectual, and social experiences of Fresno youth. Most centers are open to the public



Monday through Friday from 3-7pm. We encourage you to participate in any one of our low- or no-cost activities and programs.



# **Cultural Diversity**

Arte Américas - Cultural Events & Free Family Days

1630 Van Ness Ave.

Fresno, CA 93721

https://www.arteamericas.org/

Free or donation-based events focused on Latino art, music, and culture. Great for all ages.

#### The Fresno Center

4879 E Cesar Chavez Blvd Fresno, CA 93727 (559) 255-8395

https://www.fresnocenter.org/immigration-services

The Fresno Center has a multi-cultural focus and works to provide an array of culture-based services that support self-sufficiency, economic viability, and empowerment across all communities. We are staffed with diverse Cultural Brokers and staff who speak Spanish, Hmong, Lao, Khmer, Hindi, Punjabi, Arabic and English. The Fresno Center offers expert translation and cross-cultural services to our clients and community. Programs include citizenship workshops and support, Hmong digital leaders program, etc.

#### Fresno EOC LGBTQ+ Resource Center

1252 Fulton St. Fresno, CA 93721 (559) 325-4527

https://fresnoeoc.org/lgbtq/

LGBTQ+ Resource Center provides supportive services to enhance the health and well being of individuals of all ages in the LGBTQ+ community. Serving all individuals in the lesbian, gay, bisexual, transgender, non-binary, queer, HIV, and questioning community members in the Fresno County area. Services include: Access to resources in a safe and inclusive environment, Virtual Peer Support Groups, Referrals to Outside Help, Advocacy, Case Management, Housing Needs Assessment, Trauma-informed Care.

#### **Fresno Metro Black Chamber of Commerce**

1600 Fulton St. Fresno, CA 93721 (559) 441-7929

https://fmbcc.com/

We engage, educate and empower Black businesses in the Central Valley. We believe Black entrepreneurs in the Valley should be booked, busy and growing. By putting our resources together, we make that happen every day.



## **Laotian American Community of Fresno**

2004 N Fine Ave #103 Fresno, CA 93727 (559) 721-5926

https://lacfresno.org/

Our mission is to empower families to achieve educational and socioeconomic success by fostering leadership skills, strong mentorship networks, and a vibrant arts and cultural heritage within the community. Annual Lao Educational Conference (ALEC), Scholarship Program, Ambassador Program,

Youth Summit, Community Circle.

# **West Fresno Family Resource Center**

South Stadium Building, 700 Van Ness Ave, Suite #201 Fresno, CA 93721 (559) 374-5750

https://www.wfresnofrc.org/

Helping families grow into healthy educated productive individuals. We are a non-profit organization dedicated to Empowering and Supporting the West Fresno Community to Achieve Optimal Health and Well-Being. Economic empowerment, educational attainment, health & wellness, and character and leadership.



# Disaster Preparedness & Response

PLEASE CALL 9-1-1 for emergencies that pose imminent danger or hazards threatening life safety, property, environment and need immediate response from Fire, Law, Medical emergency response agencies.

# **City of Fresno Emergency Preparedness Office**

https://www.fresno.gov/citymanager/emergency-preparedness-office/

Learn more about how you can be prepared in case of an emergency by clicking on the links and videos provided at the website above for great information for your family and household and community. Including disaster preparedness resource lists, booklets, go kits, etc.

# Fresno County Office of Emergency Services (OES)

1221 Fulton Street, Fifth Floor

P.O. Box 11867, Fresno CA 93775-1867

Phone: (559) 600-4065

**Emergency Line after Business Hours** 

**Phone:** (559) 600-4055

Contact us by email: <a href="mailto:OES@fresnocountyca.gov">OES@fresnocountyca.gov</a>

# If assistance is needed for:

- Hazardous Materials Spills or Accidents
- Food and Water Borne Illness Investigations
- Rabies Control Reporting
- Clandestine Drug Labs
- Pesticide Exposures
- Sewage Spills

Please contact the Fresno County Department of Public Health Emergency Response Team

Monday – Friday 8am-5pm **Phone**: (559) 600-3271 After Business Hours

**Phone**: (559) 600-3111

Email: EnvironmentalHealth@fresnocountyca.gov

Fresno County Public Health Emergency Preparedness (PHEP)



https://www.fresnocountyca.gov/Departments/Public-Health/Emergency-Services/Public-Health-Emergency-Preparedness-PHEP

Find resources and educational information to prepare for public health emergencies relating to bird flu bioterrorism, chemical agents, emerging infectious diseases, natural disasters, radiation emergencies, power outages, individuals with access and functional needs, information for specific groups, communication plans with for kids, etc.

# **Fresno** County Public Library

https://www.fresnolibrary.org/ref/prepare.html

To help Fresno County residents prepare for and respond to emergencies, Library staff have compiled this list of free resources.

#### **Mobile Apps**

Given the sudden impact of a disaster, Apps are becoming the most popular way to get quick information right on your smartphone.

#### **Red Cross**



Help keep your family safe in severe weather, man-made/natural hazards with Emergency by the American Red Cross. Monitor conditions in your area or area of loved ones, prepare your family and your home, check to see if loved ones are safe and let them know you're safe. A must have for anyone who live in areas prone to severe weather or have loved ones that do.

# **FEMA (Federal Emergency Management Agency)**



The FEMA app is your one-stop-shop with tools and tips to keep you safe before, during, and after disasters. Stay updated with weather-related alerts from the U.S. National Weather Service. Save a custom list of the items in your family's emergency kit, as well as the places you will meet in case of an emergency. Get tips on what to do before, during, and after over 20 types of disasters. Finally, locate open shelters and Disaster Recovery Centers.



# **Pacific Disaster Center**



Disaster Alert is a free-download, global, multi-hazard monitoring and alerting application.

## **Flood Watch**



FloodWatch allows users to monitor rivers and streams throughout the United States. Add USGS gages to your favorites for quick monitoring of current gauge height, precipitation, and flood stage.



# **Employment & Workforce Development**

#### **GRID Alternatives**

4140 N Brawley Ave Fresno, CA 93722 (559) 298-9525

https://gridalternatives.org/centralvalley

GRID Alternatives provides financial education around energy savings, budgeting for utility costs, and understanding homeownership expenses. They also offer workshops on reducing household energy bills through smart financial planning and solar energy support.

# Fresno Regional Workforce Development Board

Kern St. Suite 208 Fresno, CA 93721 559-490-7100

https://frwdb.net/

The Fresno Regional Workforce Development system is a Joint Powers Authority between the City and County of Fresno. Staff will assist you with: academic & career skill level evaluations, job readiness & skill enhancement workshops, training opportunities in demand occupations, high school diploma / equivalency assistance, job placement assistance, supportive services and more. Enrollment is NOT requirement to use the resources at Workforce Connection locations. You have access to: phone, copy, and fax machines, computers & interest services, job board with current job opportunities, centralized access to partners and referrals, job search at your own pace, and labor market information.

# **Local Conservation Corps**

1805 E. California Ave Fresno, CA 93706 (559) 264-1048

http://www.fresnoeoc.org/lcc

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.

#### **Proteus**

#### **Farmworkers Division**

National Farmworkers Job Program



2841 Tulare St Fresno, CA 93721 (559) 733-5423

https://www.proteusinc.org/index.php?option=com\_sppagebuilder&view=page&id=17

Services: Career counseling, job placement assistance, English as a Second Language (ESL, Occupational Skills Upgrade, Vocational Training: Truck Driver, Medical Assistant, Forklift, Dental Assistant, Certified Nursing Assistant, Basic Computer Training, General Clerk Program, food, rent, utility assistance, Remedial Education, GED Preparation.

# ValleyBuild

2125 Kern St. #208 Fresno, CA 93721 (855) 805-7245

https://valleybuild.net/

ValleyBuild is a community partnership located in California's Central Valley. We are a collaboration of workforce boards, building trades councils, and community partners passionate about training and connecting students to good-paying construction careers. ValleyBuild offers Certified MC3 Multi Craft Core Curriculum through our no-cost program funded by state grants as we strive to meet the demands for a diverse construction workforce in California.

# **Valley Apprenticeship Connections**

1371 Stanislaus Fresno, CA 93706 (559) 263-8301

https://fresnoeoc.org/valley-apprenticeship-connections/

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life.



# Financial Management

# **CalSavers Independent Retirement Program**

(855) 650-6918

https://www.calsavers.com

CalSavers is California's retirement savings program for workers who do not have access to a retirement plan through their employer. Individuals can enroll on their own or through their employer. The program offers a simple, low-cost way to start saving for the future.

#### Fresno Center

4879 E Kings Canyon Rd Fresno, CA 93727 (559) 255-8395

https://fresnocenter.org

The Fresno Center offers free financial literacy classes covering budgeting, saving, understanding credit, and building long-term financial security. Services are available in multiple languages and tailored to immigrant and refugee communities, but open to all.

# Fresno County Public Library – Financial Literacy Resources

https://www.fresnolibrary.org/ref/financelit.html

The Fresno County Public Library offers a comprehensive collection of free financial literacy tools and resources to help individuals improve their money management skills. Services include: Online Courses, Educational Videos, Consumer Information, Investing Resources, Financial Aid Information.

# IRS Taxpayer Assistance Center (TAC)

700 P Street, MS 1394 Fresno, CA 93721 (559) 442-6400

https://www.irs.gov/help/contact-your-local-irs-office

The IRS Taxpayer Assistance Center in Fresno provides in-person assistance for various taxrelated matters. Services include help with tax account issues, payment plans, and general inquiries. To ensure timely service, appointments are required. Please call the provided number to schedule an appointment before visiting.

# **Self-Help Federal Credit Union**

GreenPath Financial Wellness 5261 E Kings Canyon Rd Fresno, CA 93727 (559) 263-1271



## https://www.self-helpfcu.org/personal/services/greenpath-financial-wellness

Self-Help offers free financial education on credit, budgeting, banking, and homeownership. Workshops and one-on-one financial counseling are available in both English and Spanish. Open to members and the wider community.

# **Southwest Fresno Development Corporation (SWFDC)**

(559) 209-8031

https://swfresnodc.com/?page\_id=27

1424 West California Ave

Fresno, CA 93706

SWFDC offers comprehensive homeownership education and support services aimed at promoting economic inclusion in Southwest Fresno. Their programs include: 8-Hour HUD-Approved Homebuyer Education, Credit Counseling, Housing Counseling. They also offer financial literacy classes and are actively involved in affordable housing developments.

# **United Way - Free Tax Prep**

2-1-1

# https://www.uwfm.org/freetaxprep

United Way Fresno and Madera Counties offers free tax preparation services to low- and moderate-income individuals and families. IRS-certified volunteers provide tax return assistance at trusted local community sites. To schedule an appointment, call 2-1-1 or text **TAXES** to **211-211**.

# **Valley First Credit Union**

https://www.valleyfirstcu.org/financial-fitness

financialwellness@ValleyFirstCU.org

At Valley First Credit Union, we care about your financial wellness. That's why we've partnered with industry-leading BALANCE to provide you with free access to expertly-crafted financial education to help with your fiscal matters. Should you need, BALANCE can assist with resources and tools to help you develop a sensible budget, manage spending, and reduce debt. For all your financial life stage changes and more, we – in partnership with BALANCE – are here to help. Valley First members have access to free financial counseling with our Certified Credit Union Financial Counselors. Contact our CCUFC team for personalized guidance that aligns with your financial goals and gets you on the road to financial freedom.



# **Food Assistance**

# 2-1-1 Helpline

Pick up your phone and dial 2-1-1 to be automatically connected.

2-1-1 Fresno County is an Information and Referral Helpline that gets people connected with agencies and/or organizations that can help them in their time of need.

**CalFresh** provides monthly benefits to help low-income households to purchase the food they need. CalFresh can help support good nutrition and help keep children and adults strong and healthy. You can <u>apply online at benefitscal.com</u>.

**If you need food now call 1-877-847-3663**. They can give you information about Food Pantries, CalFresh, and other emergency food assistance program in your area. Spanish interpreters are available.

# **Catholic Charities, Diocese of Fresno**

https://ccdof.org/our-services/food-pantry/

Follow us on social media for the latest updates on our food distribution calendar!

#### **Central California Food Bank**

Central California Food Bank partners with over 180 organizations to provide food. You may find a food distribution list and calendar on their website.

https://ccfoodbank.org/home/findfood/food-locator/

# Fresno Economic Opportunities Commission FREE MEALS FOR KIDS

https://fresnoeoc.org/free-meals-for-kids/

Fresno EOC offers free meal services for kids. Meals will be made available to all children 1-18 years of age without any eligibility documentation. Check this link to access the locations and days distributions are available.

# Fresno Economic Opportunities Commission Food Distributions for ALL

No documentation is required to receive food. We will only ask for your first and last name. Event set-up is at 8:00 AM and the distribution of food begins between 9:00 AM – 10:00 AM. Food is subject to availability while supplies last. Food is distributed on first come, first serve basis.



Fresno EOC - LCC
Neighborhood Youth Center
1805 E California Ave
Fresno, CA 93706

<u>Pinedale - Fresno</u> <u>Consulado de México</u> 7435 N Ingram Ave Fresno, CA 93711

#### **Poverello House**

412 F St Fresno, CA 93706 (559) 498-6988 Emergency Food Bags

Poverello House provides emergency food bags for anyone in need in the community. An I.D. and proof of residence are required. Food bags usually consist of cereal, canned food items – soup, vegetables, and fruit – peanut butter, and dried goods.

# **Salvation Army**

1854 Fulton St Fresno, CA 93721

https://fresno.salvationarmy.org/

Family Services & Food Pantry: 9:00 AM - 11:30 AM, Monday - Wednesday



# Healthcare & Health Services

#### Alisa Ann Ruch Burn Foundation

911 H Street Fresno, CA 93721 1-888-492-2876

http://www.aarbf.org

The Alisa Ann Ruch Burn Foundation's mission is to enhance the quality of life for burn survivors and promote burn prevention education. Survivor services include camps, retreats, and outings, support for recovery, and scholarships.

# **Alzheimer's and Memory Center**

550 E. Shaw Ave Fresno, CA 93701 (559) 227-4167

http://fserve.fresno.ucsf.edu/alzheimer/

The best way to reach us is to send an email to <a href="mailto:fresno-alz@ucsf.edu">fresno-alz@ucsf.edu</a> or send a fax to (559)227-4167. Their mission is to evaluate memory impairments including the diagnosis of dementia and Alzheimer's disease. They provide resources, referrals, treatment and management plans.

# **BLACK Wellness & Prosperity Center**

2201 Calaveras St Fresno, CA 93721 (559) 767-1756

https://www.blackwpc.org/

Our team can help you enroll in Medi-Cal, assist with locating a healthcare provider, making appointments, case coordination and management, and more! We can help with: Medical, Dental, Immunizations, COVID-19 Testing, Blood Pressure Checks, Glucose Testing, Employment, Financial Assistance, Food, Transportation, Housing Support, and more.

#### California Health Collaborative

1680 W. Shaw Avenue Fresno, CA 93711 (559) 221-6315

http://healthcollaborative.org/

Guided by its mission of "changing lives by improving health and wellness," the Collaborative implements an array of health promotion and disease prevention programs, public health surveillance systems, and a variety of capacity-building and networking activities. Through our partnerships, we deliver public health services in the following areas: Tobacco Control, Maternal



& Child Health, Breast & Cervical Health, Youth Development, Nutrition & Physical Activity, Cancer Surveillance and Community Wellness.

# **Central Valley Indian Health**

2740 E. Herndon Ave Clovis, CA 93611 (559) 299-2608 http://cvih.org/

To improve the quality and quantity of health care services to the Indian people of Fresno, Madera and Kings Counties. To achieve this purpose a system of health education, preventive medicine, medical and dental services is provided.

#### Clinica Sierra Vista

1945 N. Fine Ave., Suite 100 Fresno, CA 93727 (559) 457-5800

# http://www.clinicasierravista.org/home.php

Clinica Sierra Vista is a multi-dimensional, multi-disciplinary comprehensive health care organization, serving the primary medical, dental and behavioral health needs of a huge patient population in Kern, Fresno and Inyo counties. Beyond our primary care services, our health education, health promotion and prevention programs have grown into large and important delivery systems, coordinating our services and activities with our primary care delivery sites.

# **Clovis Community Medical Center**

2755 Herndon Ave Clovis, CA 937611 (559) 324-4000

## http://www.communitymedical.org/

We offer a full range of inpatient and outpatient services We provide 24-hour Emergency Care, Breast care – diagnostic & treatment, Brachytherapy, Cardiology, Dialysis, Dietary & Nutrition, Endoscopy, Family Birthing, Fertility, General & Minimally Invasive Surgery, Imaging/radiology, Intensive Care Unit, Laboratory, Mammography, Medical/Surgical, Oncology, Orthopedics/Sports Medicine, Outpatient Surgery, Rehabilitation/physical therapy, Telemetry, Weight-loss surgery.

# **Deran Koligian Ambulatory Care Center**

290 N. Wayte Lane Fresno, CA 93701 (559) 459-4900

http://www.communitymedical.org/our-facilities/ambulatory-care-center

The Deran Koligian Ambulatory Care Center is a 79,534-square-foot facility just north of Community Regional Medical Center, on the southwest corner of McKenzie Avenue and Wayte



Lane. Services include Children's (general pediatrics), Special Services (HIV/AIDS), Surgical Services, Dental, Eye, Women's, Family and Adult Practice, Internal Medicine, Disease Management, Prompt Care.

#### Fresno Cancer Center

7887 N. Cedar Ave Fresno, Ca 93720 (559) 437-1000

https://www.fresnocc.health/

What makes us stand out: Accessible Parking. Leading-edge Technology - We provide leadingedge technology to give you fast, effective, and convenient treatments close to home. Caring Doctors – our physicians are leaders in their field and care well for their patients. They know that the journey through a cancer diagnosis is complex, and they are there to help guide you through. Friendly staff – our team of cancer care specialist exist to care well for you. When you come through our doors, we aim to treat you with the consideration and respect we would for our family.

# Fresno EOC Community Health Center Clinic

1047 R. Street Fresno, CA 93721 (559) 499-1690

https://fresnoeoc.org/healthservices/

Focused on primary care and comprehensive family planning, this center offers confidential medical services to low-income, uninsured, underinsured, and insured adults and adolescents.

# **Greater Fresno Health Organization**

4929 E Cesar Chavez Blvd Fresno, CA 93727 (559) 255-6476

https://www.gfho.org/

Greater Fresno Health Organization is a non-profit Community Clinic that has been serving patients in Fresno regardless of their social or economic status since 1992. We provide affordable and accessible healthcare services to individuals, regardless of their ability to pay. We often offer a sliding fee scale, which adjusts the cost of care based on a patient's income and ability to pay. We provide a wide range of services, including primary care and behavioral health.

## **Saint Agnes Family Medicine**

4770 W. Herndon Avenue Fresno, CA 93722 (559) 450-0463

http://www.samc.com



We serve together in Trinity Health, in the spirit of the Gospel, to heal body, mind and spirit, to improve the health of our communities, and to steward the resources entrusted to us. Our core values are respect, social justice, compassion, excellence, care of the poor and underserved.

#### Tzu Chi Medical Foundation

3898 N. Ann Ave Fresno, CA 93727 (559) 291-8800

http://tzuchi.fresnomedicalteam.org/

The Buddhist Tzu Chi Medical Foundation was established in 1993 as a 501(c)(3) charitable non-profit organization. We provide clinical services, outreach, group support programs, and preventive health education – all at minimal or no cost.

# United Health Care Center of the San Joaquin Valley – Fresno Jensen Health Center

4340 East Jensen Ave

Fresno, CA 93725

Text for appointment: (559) 424-5863

Call: (800) 492-4227

http://www.unitedhealthcenters.org/

United Health Centers of San Joaquin Valley, Inc. has been providing quality healthcare to residents of Fresno, Tulare and Kings Counties for over 30 years. We offer a wealth of health services which includes but is not limited to the following: Family Practice Medicine, Internal Medicine, Dental Care, OB-GYN, Pregnancy & Women's Health, Health Education, Pharmacy, Laboratory and X-Ray. We accept Medi-Cal or you may use the Sliding Fee Program. We kindly offer out patients rides to and from our health center.

# **VA Central California Health Care System**

2615 E. Clinton Avenue Fresno, CA 93703

VA health connect: 833-983-0487

(559) 225-6100 www.fresno.va.gov

Inpatient medical, surgical and psychiatric treatment for eligible veterans.

# Valley Children's Hospital

9300 Valley Children's Place Madera, CA 93636 (559) 353-3000

https://www.valleychildrens.org/

At Valley Children's, we offer world-class specialized healthcare for children from before birth to young adulthood, right here in the heart of Central California. From advanced oncology,



neurology and cardiology services to leading orthopedic treatments, patient support services and everything in between, it's specialized care that truly cares.

# **West Fresno Family Resource Center**

South Stadium Building, 700 Van Ness Ave, Suite #201 Fresno, CA 93721 (559) 374-5750

https://www.wfresnofrc.org/health-and-wellness

West Fresno Family Resource Center, a 501(c)(3) nonprofit organization, serves residents of one of the poorest metropolitan communities in California's Central Valley, Southwest Fresno and beyond. Health services include insurance enrollment, neighborhood market, health assessments and referrals, dietary education, senior services, classes/series, and more.



# Home

# Homeowner Education, Rights, & Resources The Fair Housing Act of 1968.

U. S. Department of Housing and Urban Development

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2016 CDBG Project



#### We Do Business in Accordance With the Federal Fair Housing Law

(The Fair Housing Amendments Act of 1988)

It is illegal to Discriminate Against Any Person Because of Race, Color, Religion, Sex, Handicap, Familial Status, or National Origin

- In the sale or rental of housing or residential lots
- In the provision of real estate brokerage services
- In advertising the sale or rental of housing
- In the appraisal of housing
- In the financing of housing
- Blockbusting is also illegal

Anyone who feels he or she has been discriminated against may file a complaint of housing discrimination:

1-800-669-9777 (Toll Free) 1-800-927-9275 (TTY) www.hud.gov/fairhousing U.S. Department of Housing and Urban Development Assistant Secretary for Fair Housing and Equal Opportunity Washington, D.C. 20410

Previous editions are obsolete form HUD-928.1 (6/2011)



## **California Department of Insurance**

https://www.insurance.ca.gov/01-consumers/105-type/5-residential/

The California Department of Insurance (CDI) provides several information guides, tips and tools to help you understand home/residential insurance so that you can make the best decision for your situation. If you do not find the information you need, we invite you to call our <u>Consumer Hotline</u> for assistance. Our dedicated insurance experts are available to assist you.

# **California Homeowner Bill of Rights**

https://oag.ca.gov/hbor

The California Homeowner Bill of Rights is a set of laws that provide protection to homeowners who are facing foreclosure.

# **Community Housing Council**

Speak with a Housing Counselor (559) 221-6919

https://www.chcfresno.org/

Resources for current and future homeowners. Foreclosure & Mortgage Default Counseling, Home Loan Toolkit, Real Estate, Common Scams and Fraud, Predatory Lending. First-time homebuyer grants, classes, and counseling. Resources for renters also, including

# **County of Fresno Property Tax**

https://www.fresnocountyca.gov/Departments/Auditor-Controller-Treasurer-Tax-Collector/Property-Tax-Information

Save time and pay your bills online, information about prior tax years, hours and information.

#### **Fannie Mae Homeowner Resources**

https://yourhome.fanniemae.com/own

Whether you just bought your first home or are a longtime homeowner, we can provide tips, tools, and insights to help you make informed decisions.

# Home Maintenance & Improvement

#### **FresGO 311**

311 is here to serve all constituents professionally, courteously, and responsively. We assist in reporting issues to all departments in the City of Fresno. The mission of the City of Fresno 311 Center is to provide a link for non-emergency communication between the citizens and the City. FresGO App – To report an issue related to graffiti, illegal dumping, potholes, sidewalk, roadway, landscaping, water, sewer, solid waste, or parking issues, <u>download the FresGO app</u> from the apple or android app store in a quick, easy and trackable way!



# **Building Your Maintenance and Repair Budget - Fannie Mae**

https://yourhome.fanniemae.com/own/how-build-your-maintenance-and-repair-budget

Unexpected home repairs can be expensive. That's why it's important to create a maintenance budget to help minimize your chances of going into debt due to repairs. And, having money set aside can make it easier to stay on top of regular fixes, helping you avoid costlier repairs down the road. Here are a few clear steps you can take to put away funds when it is doable.

# **Emergency Preparedness in Your Home**

https://www.ready.gov/kit

After an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for several days. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.

## **Habitat for Humanity Home Maintenance and Improvement Tips**

https://www.habitat.org/restores/home-maintenance-diy-tips-for-homeowners

We asked Habitat supporters for their favorite home maintenance and improvement tips - and they responded by the thousands! Our builder and maintenance experts reviewed and selected the best and most useful suggestions. The result is this collection of more than 150 DIY tips to care for your home inside and out - and on a budget.

# **Home Improvement Online Library – Fresno County Public Library**

https://www.fresnolibrary.org/reference.html

Places the research of hobbyists and professionals on a solid foundation with home improvement-focused titles.

#### Seasonal Home Maintenance Checklist - Fannie Mae

https://yourhome.fanniemae.com/media/1226/display

Properly maintaining your home can help you avoid costly repairs. Use this handy seasonal checklist as a guide to perform regular maintenance and keep your home in good shape. Remember that you may need a professional to handle more advanced maintenance and repairs.



# Language, Immigration, International

# **Central Valley Immigrant Integration Collaborative**

5014 East University Ave Fresno, CA 93727 (559) 666-6446

https://cviic.org/

The Fresno Consulate of Mexico offers a range of services, including passport issuance, consular registration, voter identification, birth certificates, civil registry, dual nationality assistance, power of attorney, and legal advisory, as well as information about DACA and other immigration matters.

# Centro La Familia Advocacy Services Inc.

302 Fresno Street Suite 102 Fresno, Ca 93706 (559) 237-2961 1-877-294-3772

www.centrolafamilia.org

DACA, U-Visas, VAWA, T-Visas, Family Petitions, Green Cards Renewals (Permanent Resident)

#### **Consulate of Mexico**

7435 N Ingram Ave Fresno, CA 93711 (424) 309-0009

https://consulmex.sre.gob.mx/fresno/index.php/es/

The Fresno Consulate of Mexico offers a range of services, including passport issuance, consular registration, voter identification, birth certificates, civil registry, dual nationality assistance, power of attorney, and legal advisory, as well as information about DACA and other immigration matters.

# **Education & Leadership Foundation (ELF)**

4290 East Ashlan Avenue

Fresno, CA 93726 Office: (559) 291-5428

Emergency: (559) 708-3738

www.education-leadership.org

DACA Renewals & Information, Green Card Renewals (Permanent Resident), Citizen Applications and Naturalization, Family Petitions, Adjustment of status, Consular Process, FBI/FOIA Request,



Documents Translation (Spanish/English), U-Visa / VAWA

#### The Fresno Center

4879 E Cesar Chavez Blvd Fresno, CA 93727 (559) 255-8395

# https://www.fresnocenter.org/immigration-services

The Fresno Center has a multi-cultural focus and works to provide an array of culture-based services that support self-sufficiency, economic viability, and empowerment across all communities. We are staffed with diverse Cultural Brokers and staff who speak Spanish, Hmong, Lao, Khmer, Hindi, Punjabi, Arabic and English. The Fresno Center offers expert translation and cross-cultural services to our clients and community. Programs include citizenship workshops and support, Hmong digital leaders program, etc.

## Fresno County Public Library

4879 E Cesar Chavez Blvd Fresno, CA 93727 (559) 600-7323

#### https://www.fresnolibrary.org/serv/american.html

To assist New Americans with understanding and accessing community resources that can help them adjust to U.S. culture and achieve permanent citizenship, the Fresno County Public Library offers many free services and programs. New Americans are invited to contact their local branch library for further information and assistance or call (559) 600-READ (7323).

# Fresno Immigrant and Refugee Ministries (FIRM)

4879 E Cesar Chavez Blvd Fresno, CA 93727 (559) 600-7323

## https://www.fresnolibrary.org/serv/american.html

To assist New Americans with understanding and accessing community resources that can help them adjust to U.S. culture and achieve permanent citizenship, the Fresno County Public Library offers many free services and programs. New Americans are invited to contact their local branch library for further information and assistance or call (559) 600-READ (7323).

#### **Proteus**

#### **Farmworkers Division**

National Farmworkers Job Program 2841 Tulare St Fresno, CA 93721 (559) 733-5423

https://www.proteusinc.org/index.php?option=com\_sppagebuilder&view=page&id=17



Services: Career counseling, job placement assistance, English as a Second Language (ESL, Occupational Skills Upgrade, Vocational Training: Truck Driver, Medical Assistant, Forklift, Dental Assistant, Certified Nursing Assistant, Basic Computer Training, General Clerk Program, food, rent, utility assistance, Remedial Education, GED Preparation.

# San Joaquin College of Law

901 5<sup>th</sup> St Clovis, CA 93612 (559) 326-1553

## https://www.sjcl.edu/index.php/nalc

When contacting NALC, we will assess your annual income to determine eligibility for our services; if you qualify, NALC will evaluate your case and provide representation in your immigration case when eligible for the benefit that you are seeking. Services include Citizenship/Naturalization Applications, Family-Based Immigrant Visas (Lawful Permanent Residency), U-Visas / T-Visas, Removal Defense and Asylum.

#### **SIREN**

# **Services, Immigrant Rights & Education Network**

2904 N. Blackstone, Suite 202 Fresno, CA 93703 (559) 840-0005

#### https://www.sirenimmigrantrights.org/

SIREN is a vehicle for low-income immigrants and refugees in California – to be their own agents for change. We do this through community education and organizing, leadership development, legal services, policy advocacy, and civic engagement. Immigration legal services, civic engagement.

# **United Farmworkers Foundation (UFW)**

732 Van Ness Avenue Fresno, CA 93728 (559) 496-0700

#### https://www.ufwfoundation.org/immigration

UFW Foundation immigration attorneys and DOJ Accredited Representatives are available to provide culturally competent, trauma-informed, and reliable. We can serve people in multiple languages, including English, Spanish, Mixteco, and Mandarin; simply indicate your language preference.



# Legal Aid

# California Rural Legal Assistance

3747 E Shields Ave Fresno, CA 93726 (559) 441-8721

https://crla.org/

Central California Legal Services is a private, not-for-profit, public interest law firm established for the purpose of providing free civil legal assistance to low-income individuals, families, organizations and communities.

# **Central California Legal Services**

2115 Kern Street, Suite 200

Fresno, CA 93721

Toll Free Line: (800) 675-8001 Legal Advice Line: (559) 570-1200

https://centralcallegal.org/

Central California Legal Services is a private, not-for-profit, public interest law firm established for the purpose of providing free civil legal assistance to low-income individuals, families, organizations and communities.

# Centro La Familia Advocacy Services Inc.

302 Fresno Street Suite 102 Fresno, Ca 93706 (559) 237-2961 1-877-294-3772

# www.centrolafamilia.org

The Immigration Services Department provides support and keeps the information up to date. As an Office of Legal Access Programs recognized agency (DOJ-OLAP), it provides low-cost immigration services. The Victim Services Department provides much-needed services to those who have been victims of domestic violence, sexual assault, human trafficking, and other serious crimes.

# **Disability Rights California**

(800) 776-5746

## https://www.disabilityrightsca.org/get-help

If you are an individual, family member, or advocate for someone with a disability and have questions about legal rights related to your disability, call: 1-800-776-5746. We may give you general information, referrals or self-advocacy materials. Although we may represent some individuals who call us, we cannot represent every person who contacts us.



# **Disability Rights California CANNOT Help With:**

- Direct representation in criminal law, family law, bankruptcy or evictions
- Personal Injury (including workers' compensation)
- Medical Malpractice (wants to sue doctor/hospital/clinic)
- Social Security eligibility and eligibility appeals, including filling out application forms
- · Obtaining a guardianship or conservatorship
- Wills and trusts, including special needs trusts

# **Oasis Legal Services**

(559) 777-6786

https://www.oasislegalservices.org/

Oasis Legal Services provides quality, holistic and trauma-informed legal and social services to low-income LGBTQ+ community members. We are a 501(c)(3) nonprofit with several program areas. Oasis provides assistance with: Affirmative Asylum, Residency (Green Cards), Naturalization (Citizenship), Family Petitions for LGBTQ+ Immigrants, Social Services Navigation.

#### SIREN

# **Services, Immigrant Rights & Education Network**

2904 N. Blackstone, Suite 202 Fresno, CA 93703 (559) 840-0005

https://www.sirenimmigrantrights.org/

SIREN is a vehicle for low-income immigrants and refugees in California – to be their own agents for change. We do this through community education and organizing, leadership development, legal services, policy advocacy, and civic engagement. Immigration legal services, civic engagement.



# Mental Health / Counseling / Substance Use Disorders

# DBH Access Line *(non-emergency)* 1-800-654-3937

Fresno County DBH

Anyone may call the 24/7 Access line for information on Mental Health and Substance Use services, screenings, referrals, and linkages and/or eligibility information for various services.

#### **BrightLife Kids**

(888) 275-5357

https://www.hellobrightline.com/brightlifekids/?utm\_medium=referral&utm\_source=calhop ewebsite

Personalized support for California families. <u>Kids ages 0–12</u> get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more. No cost. No insurance needed. All right from home. Click or call (888) 275-5357 to get started.

# **Central Valley Family Therapy**

7170 N Financial Dr. Suite 110 Fresno, CA 93720 (559) 691-6840

https://centralvalleyfamilytherapy.com/appointment-request/

To schedule an individual, children, couples, marriage or family therapy appointment or to obtain additional information about any of these counseling services, please fill out the form below or give us a call.

#### Clinica Sierra Vista

https://clinicasierravista.org/behavioral-health-services/

Your emotional health is our priority. Clinica Sierra Vista provides care across the full continuum of behavioral health for patients of all ages.

# **Community Behavioral Health Center**

7171 N. Cedar Avenue Fresno, CA 93720 (559) 449-8000

http://www.communitymedical.org/our-facilities/behavioral-health-center

Our 61-bed center is the largest psychiatric care facility in the area providing 24-hour adult



inpatient psychiatric care. We offer four separate units with levels of care that are appropriate to the functional levels of our patients

# **Exodus Recovery Crisis Stabilization Center**

4411 E Kings Canyon Rd Fresno, CA 93702 (559) 453-1008

https://www.exodusrecovery.com/fresno-crisis-stabilization-center/

The Exodus Fresno Mental Health Crisis Stabilization Unit (CSU) is a recovery focused environment where youth and adults in crisis can be assessed for stabilization services, medication evaluation and management, or hospitalization if necessary.

Depending on the needs of the client, our interdisciplinary treatment team is prepared to offer a full spectrum of psychiatric treatment services, including medication evaluation, Social Services and referrals, interdisciplinary treatment team of MD's, NP's, RN's, MSW's, MFT's and peer support, and linkages to a full spectrum of outpatient and inpatient mental health services. 24 hours a day, 7 days a week, 365 days a year. No appointment necessary.

# Fresno County Department of Behavioral Health

If you need immediate assistance or need to find services in your area, **please call the Behavioral Health Access Line:** (800) 654-3937. This number is available 24/7.

https://www.fresnocountyca.gov/Departments/Behavioral-Health/Care-Services/Programs-Services

Behavioral health services are available to Fresno County residents, and we provide assessment, therapy, medication, case management, crisis intervention, treatment and other support services either directly or through our system of care. These programs are intended to help residents achieve the fullest and most productive life. There are different services for different needs and eligibility criteria.

# Fresno Family Counseling Center

5151 N. Palm. Ave., Suite 200 Fresno, CA 93704 (559) 229-3085

https://kremen.fresnostate.edu/centers-projects/ffcc/index.html

The Fresno Family Counseling Center (FFCC) provides affordable, high-quality counseling services to residents of Fresno County and the surrounding area.

# Fresno Family Therapy

(559) 795-5990 info@fresnofamilytherapy.com https://fresnofamilytherapy.com/

People come to Fresno Family Therapy to reduce their anxiety, depression, frustration, unwanted



habits, and/or a variety of concerns. Whether you are struggling in relationships, lacking confidence, going through a life transition, or just feel "off," we are here to support you. Our mission is to provide compassionate, evidence-based, and professional counseling for individuals, children, couples and families in Fresno County.

# **Greater Fresno Health Organization**

4929 E Cesar Chavez Blvd Fresno, CA 93727 (559) 255-6476

https://www.gfho.org/

Greater Fresno Health Organization is a non-profit Community Clinic that has been serving patients in Fresno regardless of their social or economic status since 1992. We provide affordable and accessible healthcare services to individuals, regardless of their ability to pay. We often offer a sliding fee scale, which adjusts the cost of care based on a patient's income and ability to pay. We provide a wide range of services, including primary care and behavioral health.

## NAMI (National Alliance on Mental Illness) Fresno

7545 North Del Mar #105 Fresno, CA 93711 (559) 224-2469

https://namifresno.org/

Please reach out for support, educational materials, advocacy questions and concerns, to share your story, or with any other general question or concern. To reach our office, call or text <u>559-224-2469</u>, or fill out the form on our <u>Contact Us</u> page. If your life or someone else's is in imminent danger, please call 911.

#### **Shine Mental Health**

(559) 206-0547 7045 N. Fruit Ave Fresno, CA 93711 https://shinemh.com/

Our experienced team offers a range of mental health services in Fresno, meticulously developing a comprehensive treatment approach that addresses mental health issues and focuses on cultivating a fulfilling life.

#### Sierra Meadows Behavioral Health

(559) 215-1751 1781 E. Fir Ave, Suite 102 Fresno, CA 93720

https://sierrameadowsbehavioralhealth.com/

Sierra Meadows Behavioral Health provides counseling therapy to adult men and women with



various mental health conditions. Our treatment programs serve those having difficulty coping in their home environment due to heightened mental health symptoms. This includes those struggling with depression, anxiety, bipolar disorder, personality disorders, PTSD, moderate eating disorders, and more. If we cannot serve you at Sierra Meadows, we will be happy to provide you with referral resources that may help.

#### Soluna

#### https://solunaapp.com/

Mental health coaching and resources for teens and young adults ages 13-25. Welcome to Soluna – your space to destress, bounce back, and reset. Completely free and confidential for California teens and young adults. Always.

# **VA Central California Health Care System**

2615 E. Clinton Avenue Fresno, CA 93703 (559) 225-6100

www.fresno.va.gov

Inpatient medical, surgical and psychiatric treatment for eligible veterans.

# Substance Use Disorder Treatment

#### FIND TREATMENT:

https://findtreatment.gov/

1 (800) 662-4357

FindTreatment.gov is the most comprehensive resource for persons seeking treatment for mental and substance use disorders in the United States and its territories. However, it cannot make recommendations for individual situations or recommend specific types of treatment.

#### **Comprehensive Addiction Programs**

2445 W Whitesbridge Ave Fresno, CA 93706 (559) 264-5096

https://www.caprehab.org/

Comprehensive Addiction Programs is the premier addiction treatment provider in Fresno, CA. Providing Residential Withdrawal Management and Substance Abuse Treatment to individuals with Medi-Cal in Fresno County.



# **Fresno County Department of Behavioral Health**

If you need immediate assistance or need to find services in your area, **please call the Behavioral Health Access Line:** (800) 654-3937. This number is available 24/7.

https://www.fresnocountyca.gov/Departments/Behavioral-Health/Care-Services/Programs-Services

## **Substance Use Disorder Services Webpage:**

https://www.fresnocountyca.gov/Departments/Behavioral-Health/Care-Services/Programs-Services/Substance-Use-Disorder-Services

# **My Time Recovery**

83 E Shaw Ave Suite 200 Fresno, CA 93710 (559) 862-4868

https://www.mytimerecovery.com/

My Time Recovery is dedicated to facilitating every level of recovery, assessing and designing a unique treatment program that will serve long term sobriety. We offer medically supervised detox in private rooms as well as residential treatment of 30, 60 or 90 days. If inpatient isn't part of your treatment plan, we hold daily partial hospitalization, intensive outpatient as well as semidaily outpatient services in a centrally located warmly decorated setting.

# Pathways to Recovery (Urgent Care Wellness Center)

4452 E Cesar Chavez Blvd Fresno CA 93702 (559) 600-6068

# Fresno/San Joaquin Needle Exchange (prescription only)

Health Department Building 1221 Fulton St. Fresno, CA 93721 (559) 412-6226 https://freeclinic-exchange.org/

If you are interested in services, you may call or walk in for a screening at the Urgent Care Wellness Center located at 4441 E. Kings Canyon Rd. Fresno, CA. 93702.

<u>People with Medi-Cal, eligible for Medi-Cal, or have no health insurance may qualify. Urgent Care Wellness Center can be reached at (559) 600-4099.</u>

#### WestCare

(559) 251-4800



https://westcarecalifornia.org/services/treatment-rehab/

WestCare California is dedicated to changing the lives of individuals in need of substance abuse or co-occurring treatment.



# Replacing Important Documents

# **California Department of Motor Vehicles (DMV)**

Fresno DMV Field Office 655 W Olive Avenue Fresno, CA 93728 (800) 777-0133 Fresno North DMV Field Office 6420 N Blackstone Avenue Fresno, CA 93710 (800) 777-0133

https://www.dmv.ca.gov

The California DMV allows you to replace a lost or stolen driver's license or state ID online, by mail, or in person. You'll need proof of identity (such as your Social Security number or birth certificate) and payment for the replacement fee. Appointments are recommended.

# **Social Security Administration (SSA)**

5140 E Olive Ave Fresno, CA 93727 1-800-772-1213

https://www.ssa.gov/myaccount

You can request a replacement Social Security card for free online or in person. You'll need proof of identity, and replacements are limited to 3 per year and 10 in a lifetime. A MySSA account makes online replacement easy and secure.

# **Fresno County Vital Records Office**

1221 Fulton Mall, 1st Floor Fresno, CA 93721 (559) 600-3310

https://www.co.fresno.ca.us/departments/public-health/vital-records

This office can help replace birth, death, marriage, or divorce certificates. Requests can also be made online via <a href="https://www.vitalchek.com">https://www.vitalchek.com</a>. You may need a valid ID and will be charged a fee, though some fee waivers may be available.

# Fresno County Recorder's Office

2281 Tulare Street
Fresno, CA 93721
(559) 600-3471
https://www.fresnocountyca.gov/departments/recorder



You can request copies of property records, deeds, and other recorded documents.

#### Fresno Unified School District - Student Records Office

2309 Tulare Street Fresno, CA 93721 (559) 457-3375

https://www.fresnounified.org

Request high school diplomas or transcripts by contacting your school or district records office. Most requests can be made online or by submitting a records form in person or by mail.

#### **Internal Revenue Service (IRS)**

2525 Capitol St., Suite 206 Fresno, CA 93721 1-800-908-9946

https://www.irs.gov

You can replace lost W-2s, tax records, or letters by requesting a tax transcript online or calling. The IRS provides these services free of charge, and documents can be mailed to you.

## 211 Fresno County

Dial 2-1-1 or 1-866-559-4211

https://211fresno.org

211 connects individuals to local resources including help with replacing documents, housing, food, legal aid, and disaster recovery. Support is free and confidential and available in multiple languages.



# **Transportation**

# **Amtrak: San Joaquins**

https://www.amtrak.com/san-joaquins-train

The San Joaquins provides a great way to connect your travel throughout California and the San Joaquin Valley. The San Joaquins runs multiple times daily between the San Francisco Bay Area (or Sacramento) and Bakersfield, where Amtrak Thruway buses connect you to Southern California destinations. Other stops along the way include Stockton, Modesto, Merced, Martinez and Fresno.

#### **FAX: Fresno Area Express**

2223 G St Fresno, CA 93706 (559) 621-7433

https://www.fresno.gov/transportation/fax/

We are Fresno's fast & efficient transit system offering 18 fixed-route bus lines and Handy Ride Paratransit Service. Fresno Area Express is operated by the City of Fresno as a public service to all the residents and visitors of Fresno. The first step in riding the bus is finding the correct bus route (or routes) to reach your destination. Use the FAX System Map to determine which route is best. Remember that you can transfer from one route to another to reach your destination.

# FAX Q: Rapid Bus Transit

2223 G St Fresno, CA 93706 (559) 621-7433

https://www.fresno.gov/transportation/fax/fax-g/

The Q provides faster, more convenient, and more reliable service than a traditional bus line. Q's initial route spans 15.7 miles on Blackstone Avenue, from North Fresno Street to downtown, then out Ventura Avenue / Kings Canyon Road to Clovis Avenue.

# Fresno County Rural Transit Agency

(855) 612-5184

https://www.ruraltransit.org/

The Fresno County Rural Transit Agency (FCRTA) provides local and regional transit service to rural cities within Fresno County. FCRTA allows passengers to travel conveniently by providing both inner-city service to residents of communities within our service area, as well as intercity service from the outlying communities. FCRTA also offers demand responsive service for



individuals requiring curb-to-curb transportation.

# Fresno EOC Transit System

Senior Services 2223 G St Fresno, CA 93706 (559) 621-7433

https://www.fresno.gov/transportation/fax/fax-q/

Use your Taxi Scrip with us for big savings on personalized trips, senior rides to community centers, Eastern Madera County Transportation.

## Greyhound

2660 Tulare St Fresno, CA 93721 (800) 231-2222

https://www.greyhound.com/bus/fresno-ca/fresno-bus-station

To find the closest Greyhound bus station you can visit our page. You can enter your city and a list of available stations and stops in the area will be shown on the page.

# **Handy Ride**

#### https://www.fresno.gov/transportation/fax/handy-ride/

FAX Handy Ride is a service designed to meet the transportation needs of eligible persons with disabilities who cannot functionally use the FAX City bus system. Handy Ride is a shared ride, curb-to-curb service, provided from any origin to any destination throughout the service area for any trip purpose. Handy Ride operates during the same hours and days as the FAX City bus system. If you believe you have a disability that prevents you from using a FAX fixed route bus, please call (559) 621-RIDE (7433) for more information about Handy Ride service and to receive an application.



# **Utility & Technology Assistance**

Need help paying for utilities or internet? These programs can help eligible households in Fresno County reduce their monthly bills or get connected to low-cost technology.

#### **AT&T Access**

https://www.att.com/internet/access/ \$10/mo high-speed internet for SNAP-eligible families

#### City of Fresno - Utilities Affordability Credit Program

https://www.fresno.gov/finance/utilities-billing-and-collection/billing-payments/utilities-affordability-credit-program-application/

The Utilities Affordability Credit Program helps reduce monthly utility bills for qualifying City of Fresno residential utility customers. Eligible low-income households may receive monthly credit toward water, sewer, and trash services. Applications are available online, and proof of income is required.

# **Fresno State Connect Initiative**

(855) 456-9995

https://www.fresnostate.edu/connect

The Fresno State Connect Initiative provides outreach for low-cost internet service programs. Eligible households may receive internet for as low as \$10/month, and some may also qualify for a free Chromebook laptop. Community members are encouraged to call for more information and assistance in applying.

#### **Internet Service Providers**

https://www.internetforallnow.org/offers/low-cost-plans

# Low-Income Home Energy Assistance Program (LIHEAP)

(559) 263-1320

https://www.fresnoeoc.org/liheap

LIHEAP provides one-time financial assistance for energy bills to eligible Fresno County households each calendar year. Assistance is available for electricity, gas, propane, wood, or oil. Applications are open to income-qualified residents in need of help with utility costs.

## **PG&E – Financial Assistance Programs**

https://www.pge.com/en/account/billing-and-assistance/financial-assistance.html

PG&E offers a variety of programs to assist low-income residential customers in managing their energy bills:

• California Alternate Rates for Energy (CARE): Provides a monthly discount of 20% or more



on gas and electric bills for eligible customers.

- Family Electric Rate Assistance (FERA): Offers a monthly discount of 18% on electric bills for households of three or more people.
- Low Income Home Energy Assistance Program (LIHEAP): Provides financial assistance for past-due energy bills, with potential assistance up to \$1,000.
- Arrearage Management Plan (AMP): Offers debt forgiveness up to \$8,000 for eligible customers enrolled in CARE or FERA.
- Relief for Energy Assistance through Community Help (REACH): Provides up to \$300 toward past-due bills for customers facing disconnection.

# **T-Mobile Project 10Million**

https://www.t-mobile.com/brand/project-10-million

Free hotspot + up to 100GB/year of internet for K-12 students on free/reduced lunch



# **Veterans**

# **Central Valley Veterans**

**Deb Riordan** 

Phone or Text: 559-281-0784 email: deborahriordan@yahoo.com

John Schuler

Phone or Text: 559-977-3697 email: bigjohn.44@hotmail.com

**Cris Thrailkill** 

Phone or Text: 760-586-1148 email: dean@cadrywall.com

Our Veteran Outreach efforts involve acting as "first responders" to the emergency needs of Veterans, Active service members and their families. We respond to emergency housing needs, needs for food, clothing and toiletries and emergency/overdue utility bill payment needs. We have also purchased college books, repaired vehicles and provided funds for attending family funeral services. We provide unconditional support to our heroes in need, filling the gaps to which other veterans organizations are unable to support due to program restrictions.

#### Fresno Vet Center

1320 East Shaw Avenue Suite 125 Fresno, CA 93710 559-487-5660

We're conducting all appointments virtually. Please contact us by phone or online. If you need to speak with someone confidentially, please call us anytime 24/7 at 877-927-8387.

https://www.va.gov/fresno-vet-center/

We offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community.

#### **Veterans Service Office**

1320 E. Shaw Ave, Suite 105 Fresno, CA 93710

Phone: (559) 600-5436 (information only)



https://www.fresnocountyca.gov/Departments/Social-Services/Veterans-Service-Office

Services include the following: Scheduling appointments with a VA Claims Representative, dropping off or picking up documents for VA services, completing DMV paperwork for Veterans, answering general questions, referrals to other agencies, community outreach, and more.



# Women, Infants & Children (WIC)

**Women, Infants & Children (WIC)** is a free nutrition and health program that helps families with young children. WIC provides monthly benefits to buy healthy foods like milk, eggs, fruits, and vegetables, as well as breastfeeding support, nutrition education, and referrals to healthcare and social services.

## **Eligibility Overview**

WIC is available to pregnant, postpartum, or breastfeeding people, and families with children under 5 years old. Income limits apply, but many working families qualify!

Start your WIC application online:

https://www.myfamily.wic.ca.gov

#### **WIC Locations, Hours & contact info**

Hours: Monday - Thursday: 8:30 AM to 5:30 PM and Friday: 8:30 AM to 4:30 PM

Saturday: 9:00 AM to 1:00 PM by phone only

Call us at: (559) 263-1150 or Text: 1-888-412-5922 | Email: WICExpress@fresnoeoc.org

Shields Ave near First Street\*
3257 E. Shields Ave., Fresno, CA 93726
Free Parking

i ree i arking

West Ave near Shaw Ave 5104 N. West Ave., Fresno, CA 93711 Free Parking

Downtown – Fulton Mall 1920 Mariposa St., Suite 100, Fresno, CA 93721 1st-hour parking free at the garage on Tulare Ave

Cesar Chavez Blvd & Chestnut Ave 4856 E Cesar Chavez Blvd, Suite 101, Fresno, CA 93727 Free Parking

Clovis – Willow Ave & Shaw Ave 788 W. Shaw Ave., Clovis, CA 93612



# Miscellaneous Discounts & Savings

# Automatic Savings with Medi-Cal, SNAP, etc.

#### Amazon

https://www.amazon.com/58f8026f-0658-47d0-9752-f6fa2c69b2e2/qualify

Eligible government assistance recipients (like SNAP and Medicaid) and income verified customers can save more with Prime Access.

# California LifeLine Eligibility - Phone Services

https://www.cpuc.ca.gov/consumer-support/financial-assistance-savings-and-discounts/lifeline/california-lifeline-eligibility

California LifeLine provides discounted home phone and cell phone services to qualified households. Only one California LifeLine discounted phone is allowed per household.

#### **Market Match**

https://marketmatch.org/about/how-it-works/

You can use our <u>Farmers' Market Finder map</u> to search for farmers' markets and farm-direct outlets near you that accept CalFresh EBT and offer Market Match. Double your food dollars and get more fruits and vegetables!

#### Museums for All

https://museums4all.org/

Through Museums for All, those receiving food assistance (SNAP benefits) can gain free or reduced admission to more than 1,400 museums throughout the United States simply by presenting their EBT card and a photo ID.

#### Walmart

https://www.walmart.com/plus/assist

Qualify for government assistance of SNAP, WIC, Medicaid & more? You can save big on Walmart+. Join now for just \$6.47/month or \$49/year!\*

# Other Low-Cost Programs

#### Low-Cost or Free Car Seats

https://www.ots.ca.gov/whos-got-car-seat/



#### **California Low-Cost Auto Insurance**

https://www.mylowcostauto.com/

To be eligible for the California's Low Cost Auto Insurance Program, or CLCA, consumers must:

- Have a valid California driver's license
- Own a vehicle valued at \$25,000 or less
- Meet income eligibility guidelines
- Be at least 16 years of age \*Applicants under 18 must be legally emancipated
- Have a Good Driving Record

## **California State Parks Pass Program**

https://fresnolibrary.org/stateparkpass/index.html

California State Parks Passes are now available for check out! State Parks is providing free vehicle day-use passes to over 200 participating state park units to library-card holders across California. Fresno County Public Library is excited to make these passes available locally, so that our library users can more easily visit our beautiful State Parks.

#### **Internet Service Providers**

https://www.internetforallnow.org/offers/low-cost-plans